

DEVELOPING SCISSOR SKILLS:

PROGRESSION FROM EASY TO HARD:



EASY

- Snipping playdough worm (first make ball then roll into a worm)
- Snipping straws
- Snipping 1 inch strips into small pieces (then glue onto a picture)
- Stiff paper
- Wide lines
- Short lines

HARD

- Loose leaf paper
- Large paper
- Thin lines
- Long lines
- Curves
- Angles



REMEMBER:

- Encourage both thumbs up and elbows in.
- Ensure your child is sitting comfortably and not having to try to maintain their balance.
- Use good quality, sharp children's scissors, with SUPERVISION! - as appropriate. If not appropriate for your child, start with 'safety scissors' and play dough.

IF YOU HAVE ANY QUESTIONS ASK YOUR OCCUPATIONAL THERAPIST

