

Fine Motor, Visual Motor, Visual Perceptual DAILY skills Workbook

PRE-WRITING LINES
Start on green, stop on red. Stay in the middle.

Monday I stayed on the line I checked my work

Tuesday I stayed on the line I checked my work

Wednesday I stayed on the line I checked my work

Thursday I stayed on the line I checked my work

Friday I stayed on the line I checked my work

VISUAL MOTOR
Trace the shape and stay in the roads to complete each activity!

Monday I stayed on the line I checked my work

Tuesday I stayed on the line I checked my work

Wednesday I stayed on the line I checked my work

Thursday I stayed on the line I checked my work

Friday I stayed on the line I checked my work

MAZES
Follow the mazes to complete the daily activity!

Monday I stayed on the line I checked my work

Tuesday I stayed on the line I checked my work

Wednesday I stayed on the line I checked my work

Thursday I stayed on the line I checked my work

Friday I stayed on the line I checked my work

VISUAL MOTOR
Trace the lines to complete the daily activity!

Monday I stayed on the line I checked my work

Tuesday I stayed on the line I checked my work

Wednesday I stayed on the line I checked my work

Thursday I stayed on the line I checked my work

Friday I stayed on the line I checked my work

Circle all the letter D

Circle all the letter O

Circle all the letter H

Circle all the letter K

Circle all the letter L

EMPOWERING OT

Name: _____

Monday Circle all the MOUNTAINS

Tuesday Circle all the BOOTS

Wednesday Circle all the _____

Thursday Circle all the _____

Friday Circle all the _____

A FULL YEARS WORTH
OF DAILY WORK!

Directions

This is the resource you NEED to practice DAILY fine motor, visual motor and visual perceptual skills! Each page features 5 different activities (one for each day). Students complete one QUICK activity each day. This is PERFECT as a way to work on visual motor, fine motor and visual perceptual skills to start the day, complete a warmup before writing, in a writing center, practice new skills, work on IEP objectives, and MUCH MORE!

Workbook includes pages 4-44:

- **Trace the lines** (Different sizes bolded, dotted). *This can work on coordination, visual motor skills and pencil control.*
- **Trace the shapes** (Different sizes-bolded, dotted). *This can work on coordination, visual motor skills and pencil control.*
- **Mazes** (Easy to hard). *This can work on motor planning, coordination and pencil control.*
- **Search, find and circle the correct picture** (ie: 20 images are shown, and the activity states "circle all the apples"). *This works on visual perceptual skills such as scanning, visual discrimination and figure ground.*
- **Circle the correct letter** (ie: Some are turned upside down or on the side). *This works on visual perceptual skills such as scanning, visual discrimination and figure ground.*

Note: Only pages 5-6 include color (green, red – go, stop) but you can print these in black and white too. The rest of the pages (6-43) are all in black and white clipart. Pages 46-48 include BONUS search and find for specific holidays. I didn't include these in order because not all students celebrate these holidays and I wanted to make sure you can add them in and take them out as needed.

Check out my teacher pay teacher store for more resources:

<https://www.teacherspayteachers.com/Store/Empowering-Ot-By-Dr-R>



Sign up for my freebie library of resources:

www.empoweringotresources.com

If you love this product, please leave me feedback. If you find an error, or have a suggestion, please email me: EmpoweringOT@gmail.com







I am happy to work with buyers to make them happy 😊

If you love this product, please leave me feedback. If you find an error, or have a suggestion, please email me: EmpoweringOT@gmail.com I am happy to work with buyers to make them happy 😊

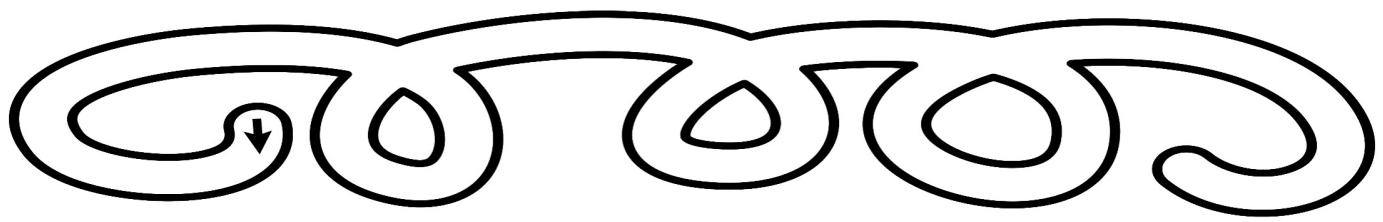
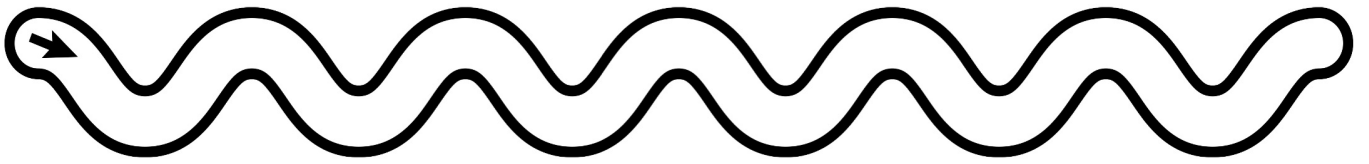
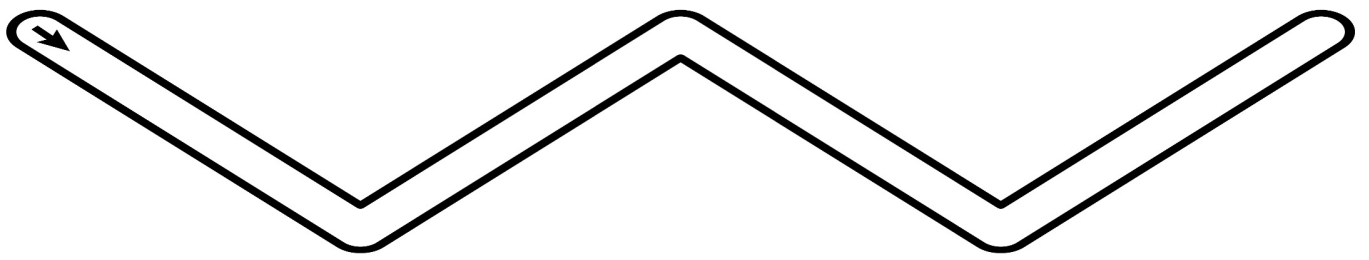
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DISCLAIMER: By using this, you agree that this activity is not intended to replace the advice of a physician or occupational therapist. Information provided should not be used for diagnostic or training purposes. Please speak with your physician or OT if you have questions. Stop any activity if you are unsure about a child's reaction or ability. You should discontinue anything if you do not know your child's reaction or ability. Empowering OT takes no responsibility for how this is used

TERMS OF USE SUMMARIZED

 You may:	 You may not:
 Use with students and families on your caseload.	 Share with colleagues via email or print. Use on commercial sites such as Outschool.
 Post on a secure platform (password protected) for your ONLY your students to access such as google classroom, email, showbie, etc.	 Post to your unsecured school website, a shared google drive, Facebook files in a group or anywhere where multiple people can access.

My Fine Motor Workbook



Name: _____

Name: _____

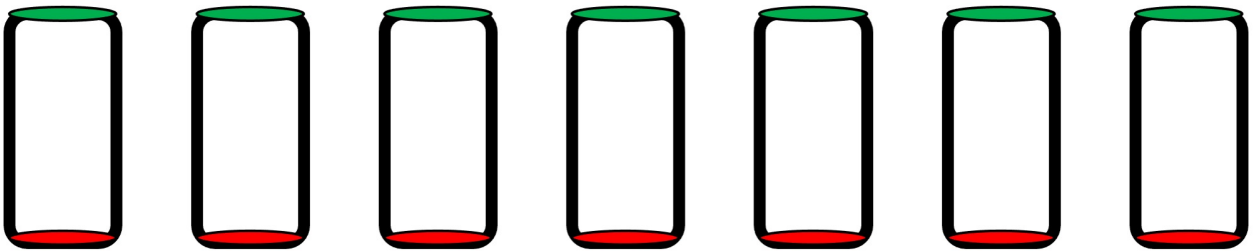
PRE-WRITING LINES

Start on green, stop on red. Stay in the tracks.

Monday

I stayed on the line

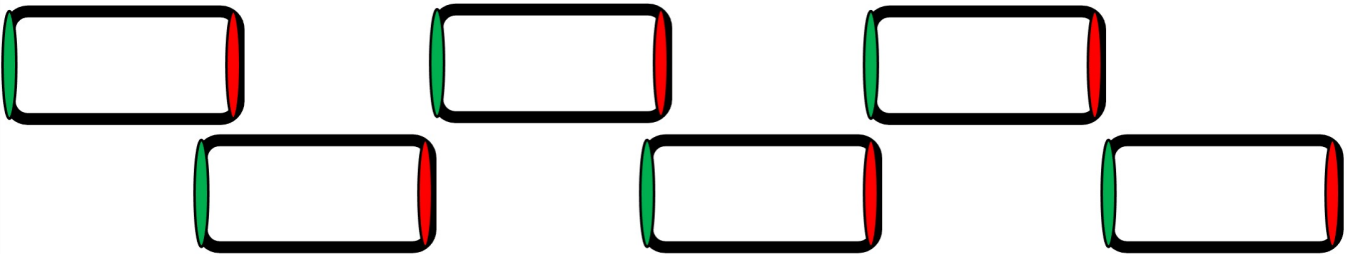
I checked my work



Tuesday

I stayed on the line

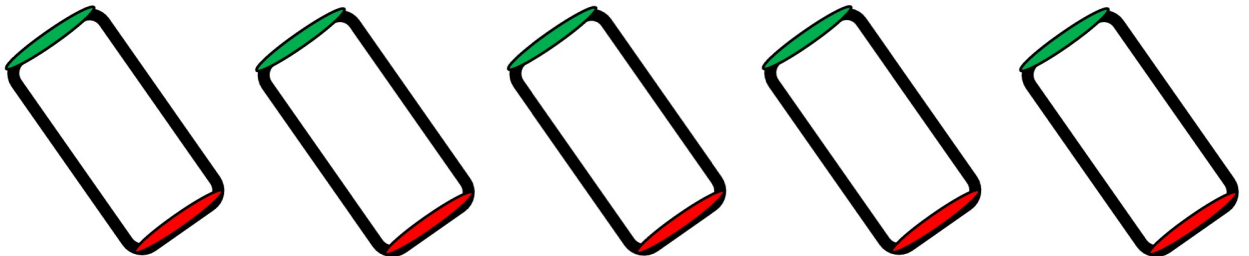
I checked my work



Wednesday

I stayed on the line

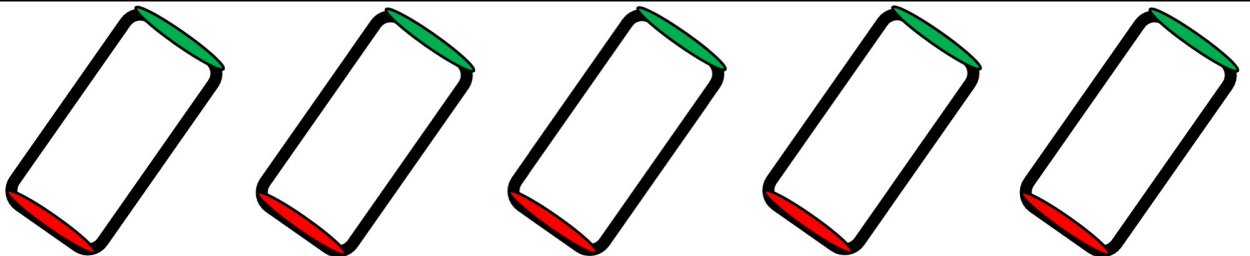
I checked my work



Thursday

I stayed on the line

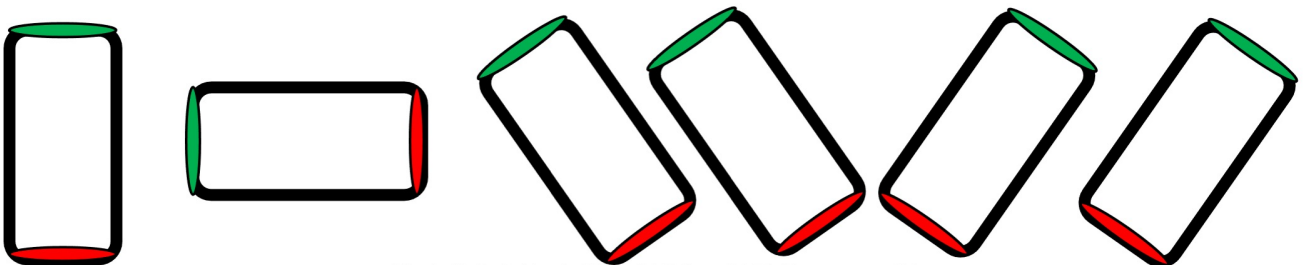
I checked my work



Friday

I stayed on the line

I checked my work



Name: _____

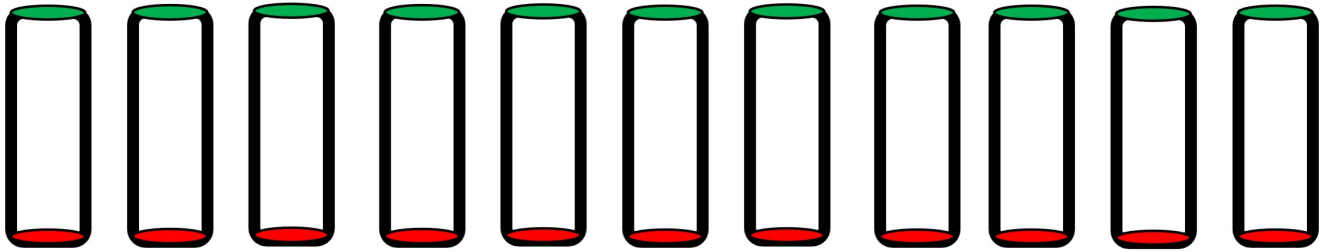
PRE-WRITING LINES

Start on green, stop on red. Stay in the tracks.

Monday

I stayed on the line

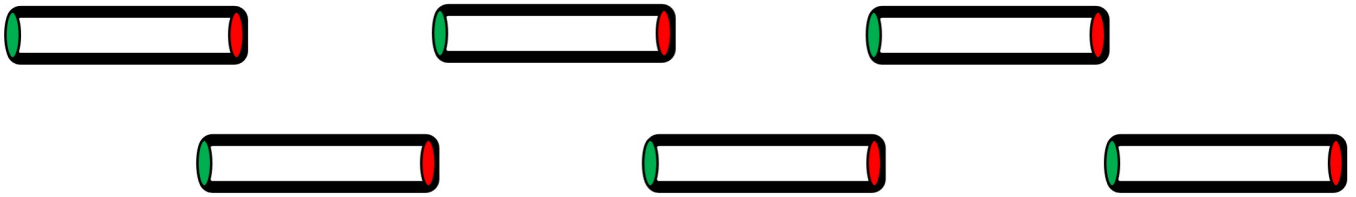
I checked my work



Tuesday

I stayed on the line

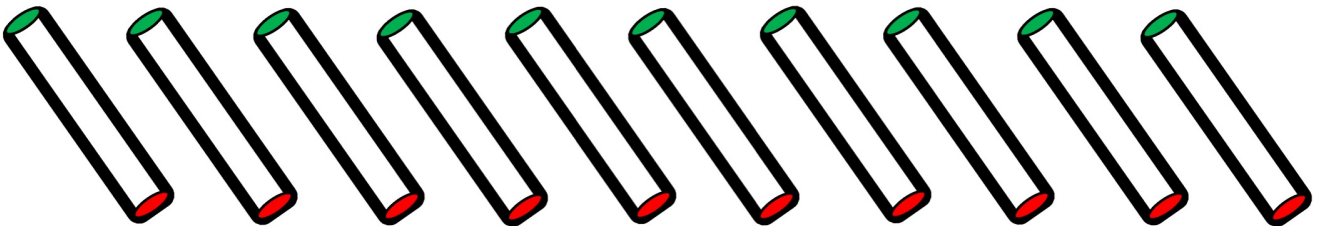
I checked my work



Wednesday

I stayed on the line

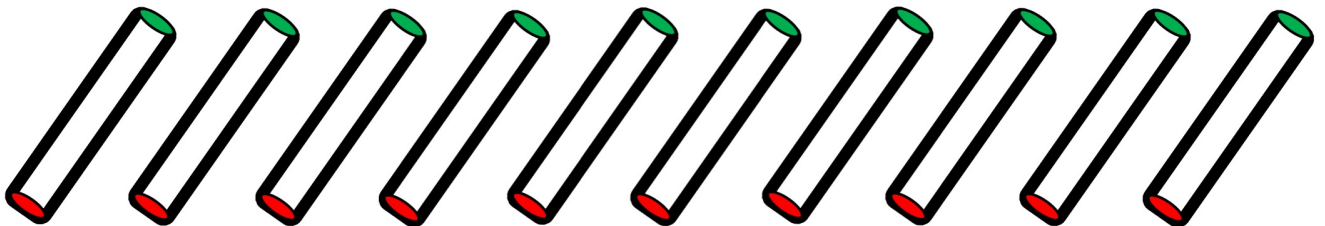
I checked my work



Thursday

I stayed on the line

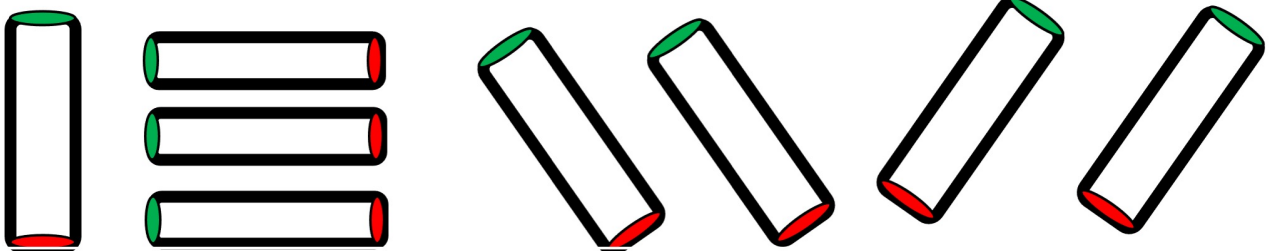
I checked my work



Friday

I stayed on the line

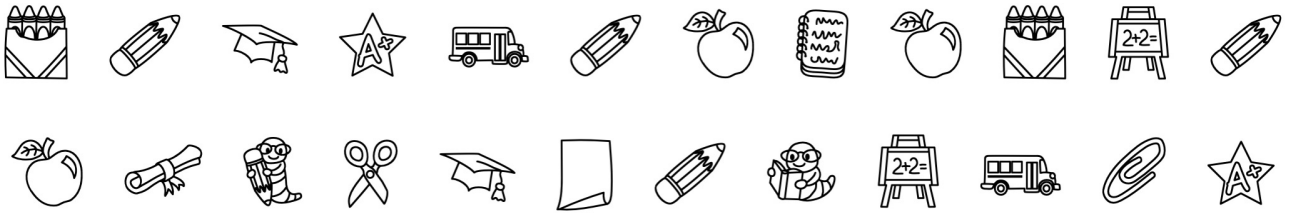
I checked my work



Name: _____

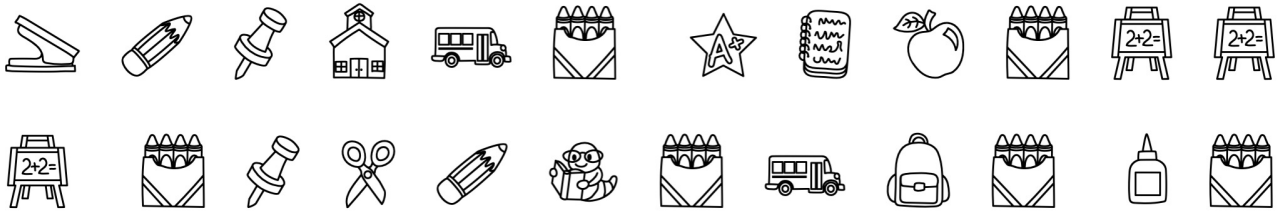
Monday

Circle all the PENCILS



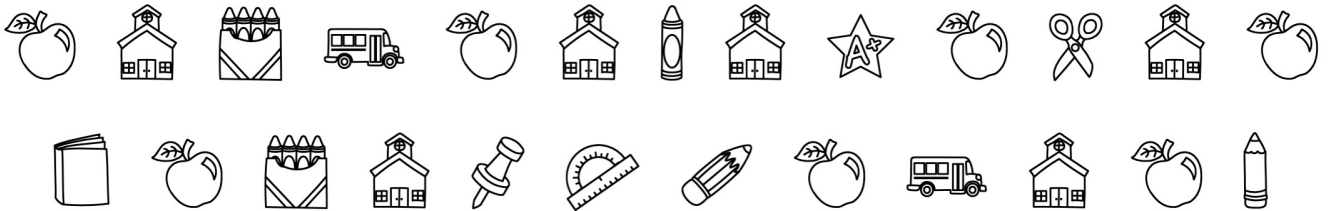
Tuesday

Circle all the CRAYON BOXES



Wednesday

Circle all the APPLES



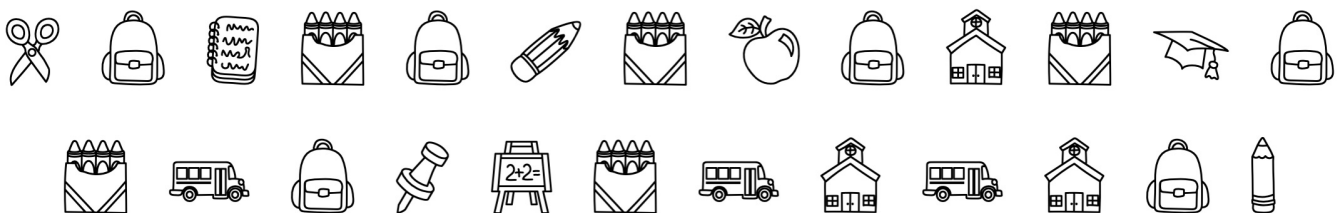
Thursday

Circle all the BOOKS



Friday

Circle all the BACKPACKS

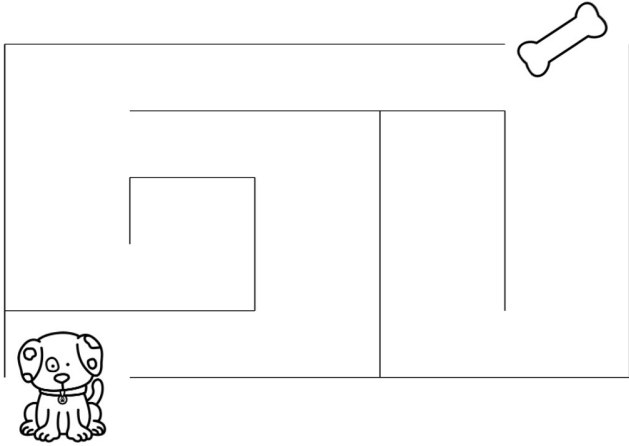


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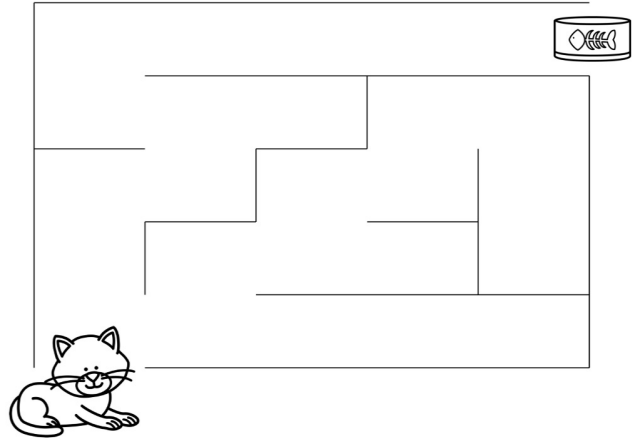
MAZES

Follow the mazes to complete the daily activity!

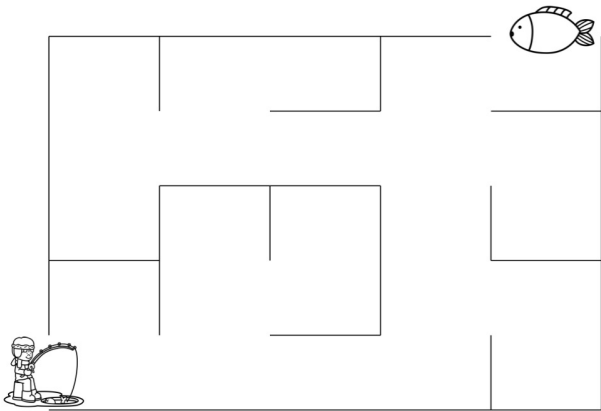
Monday



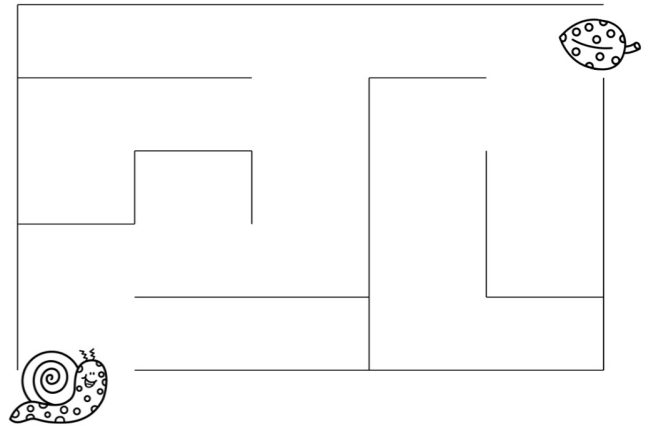
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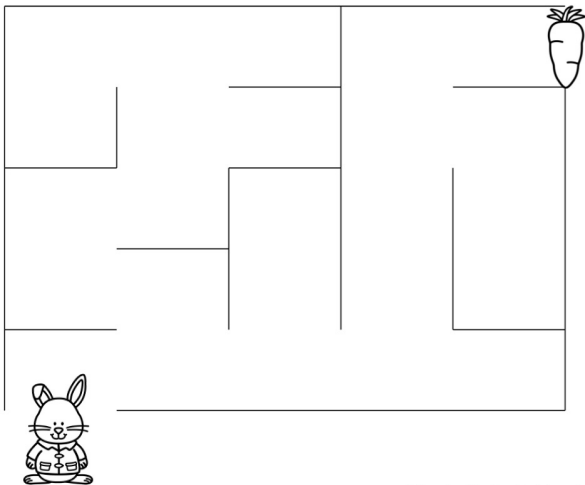
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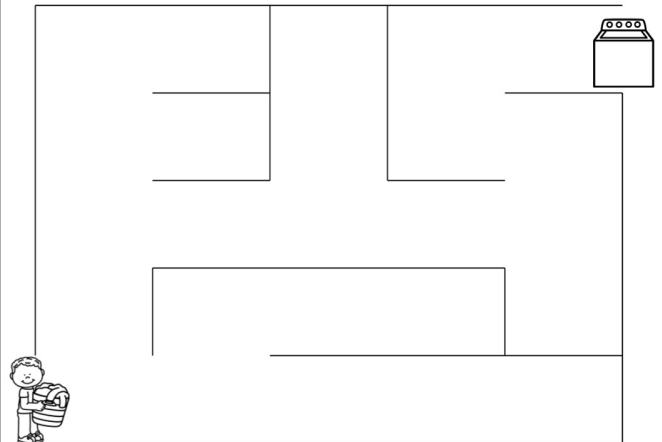
Thursday



Friday



Bonus



Name: _____

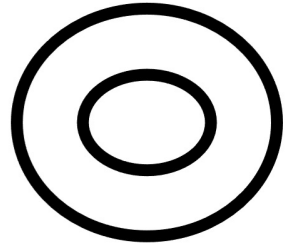
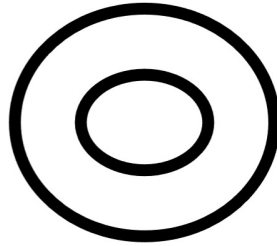
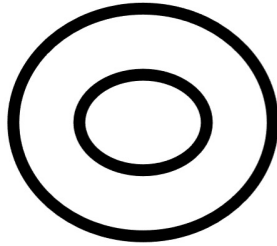
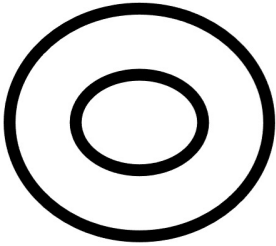
VISUAL MOTOR

Trace the shape and stay in the roads to complete each activity!

Monday

I stayed on the line

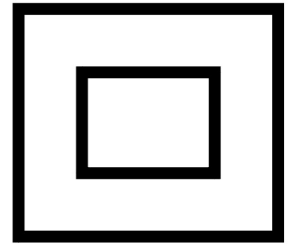
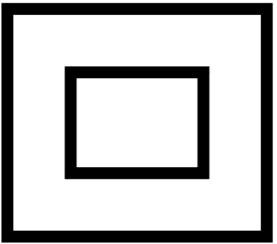
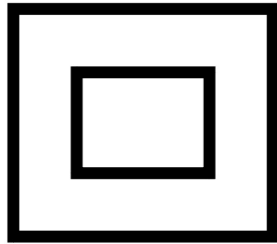
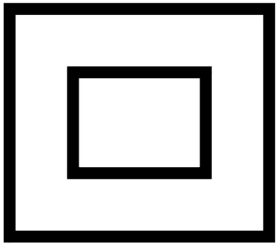
I checked my work



Tuesday

I stayed on the line

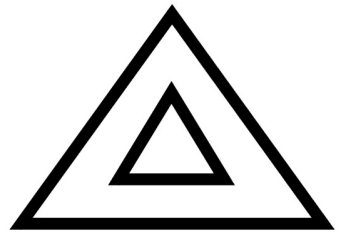
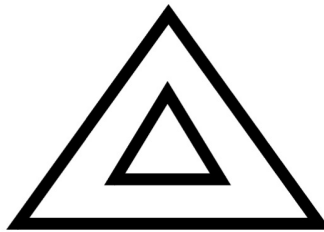
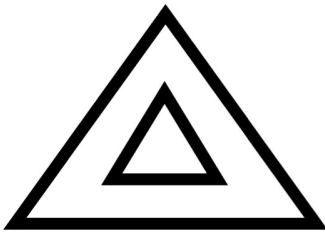
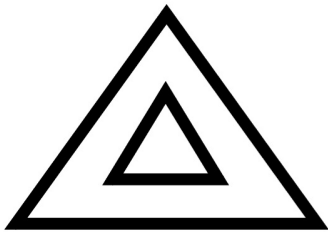
I checked my work



Wednesday

I stayed on the line

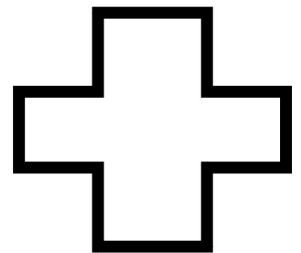
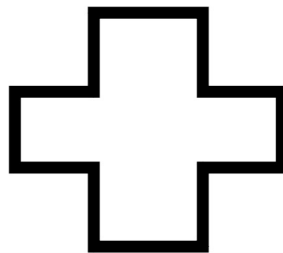
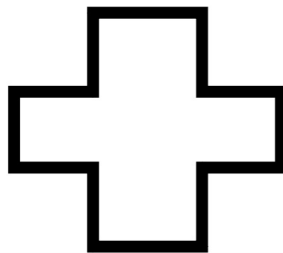
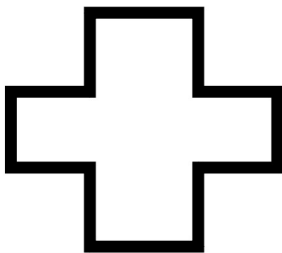
I checked my work



Thursday

I stayed on the line

I checked my work



Friday

I stayed on the line

I checked my work



Name: _____

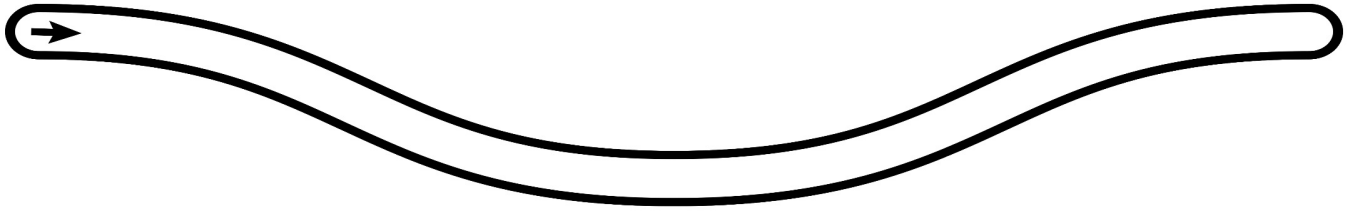
VISUAL MOTOR

Stay on the line to complete the daily activity!

Monday

I stayed on the line

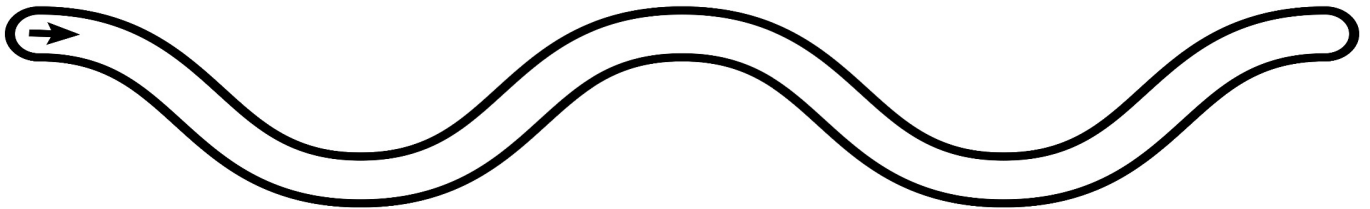
I checked my work



Tuesday

I stayed on the line

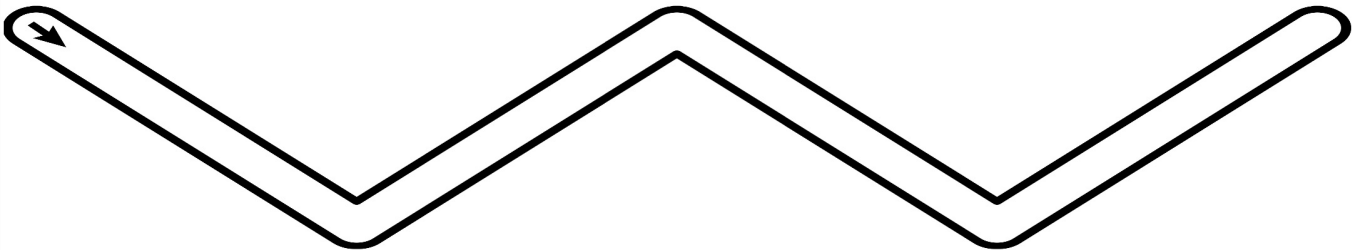
I checked my work



Wednesday

I stayed on the line

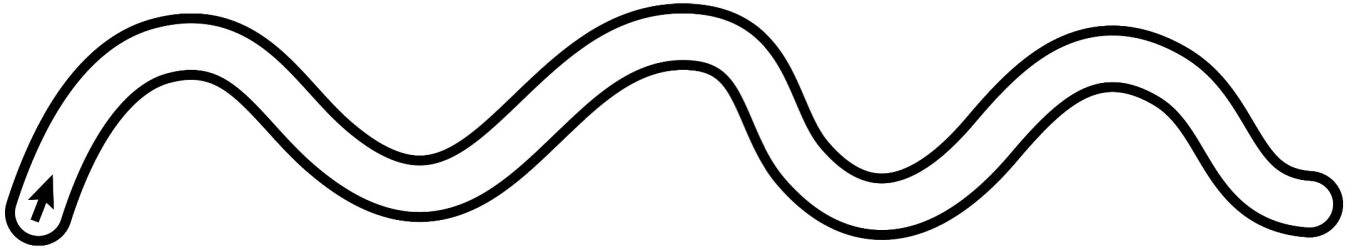
I checked my work



Thursday

I stayed on the line

I checked my work



Friday

I stayed on the line

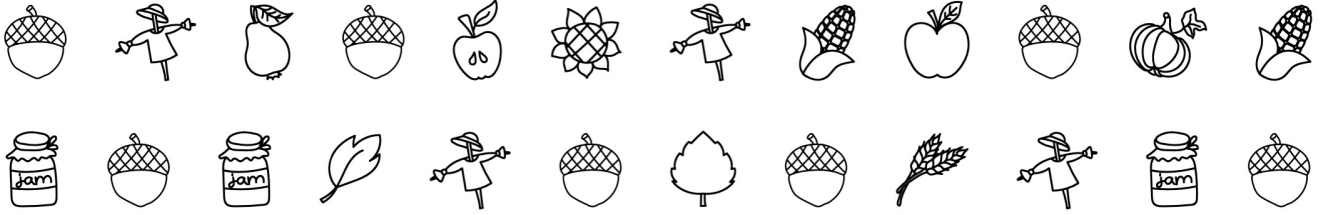
I checked my work



Name: _____

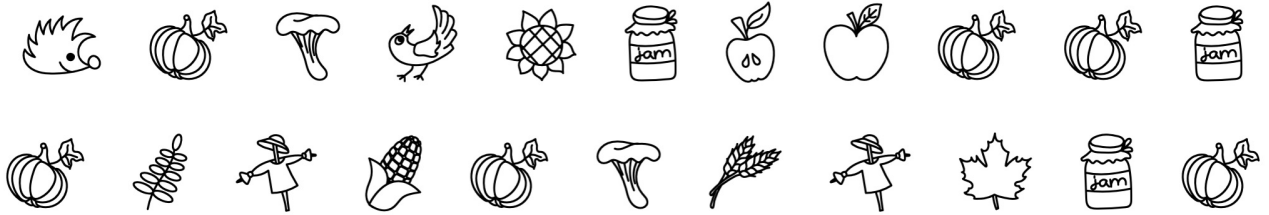
Monday

Circle all the ACORNS 



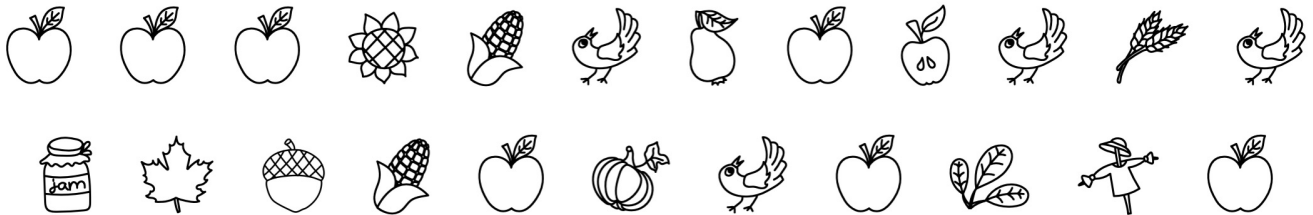
Tuesday

Circle all the PUMPKINS 



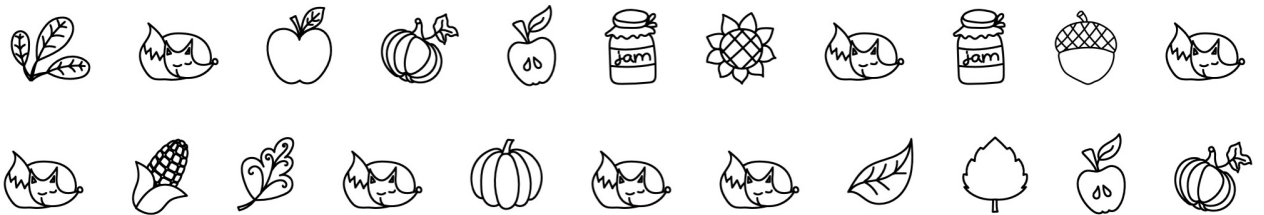
Wednesday

Circle all the APPLES 



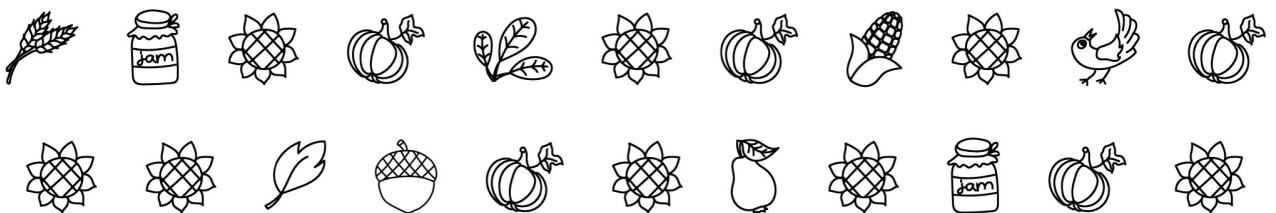
Thursday

Circle all the FOXES 



Friday

Circle all the SUNFLOWERS 



Name: _____

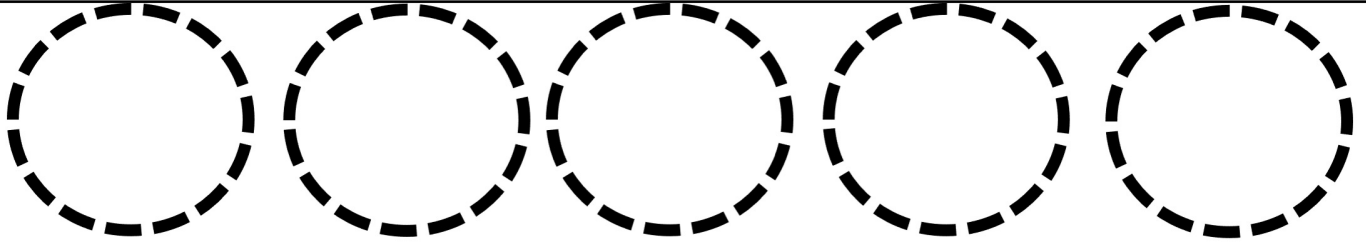
VISUAL MOTOR

Trace the shapes to complete the daily activity!

Monday

I stayed on the line

I checked my work



Tuesday

I stayed on the line

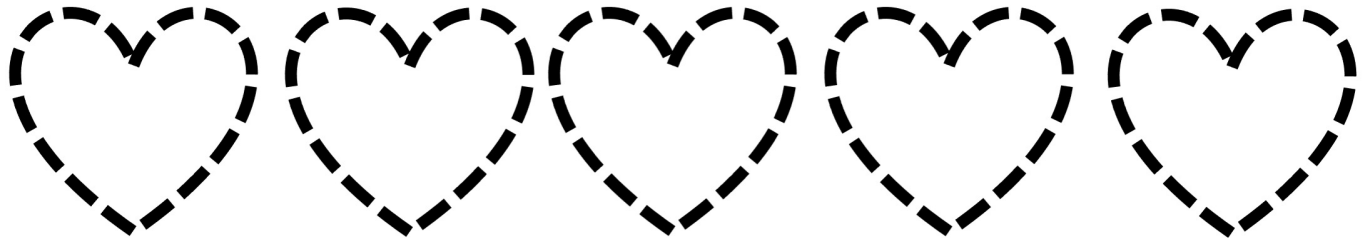
I checked my work



Wednesday

I stayed on the line

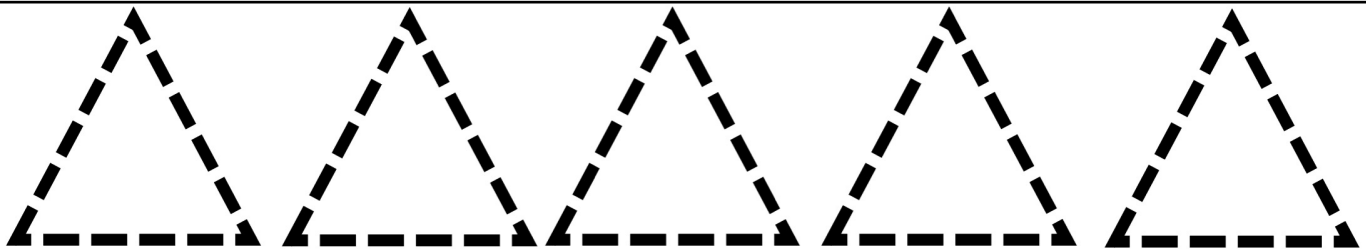
I checked my work



Thursday

I stayed on the line

I checked my work



Friday

I stayed on the line

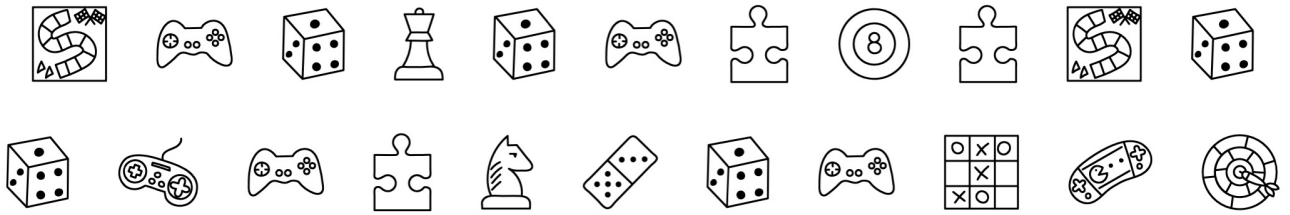
I checked my work



Name: _____

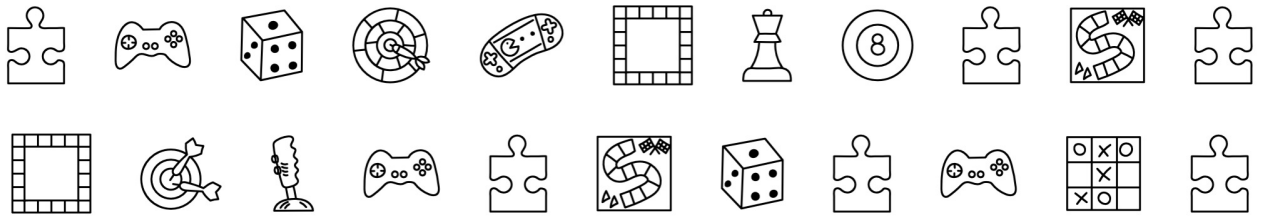
Monday

Circle all the DICE 



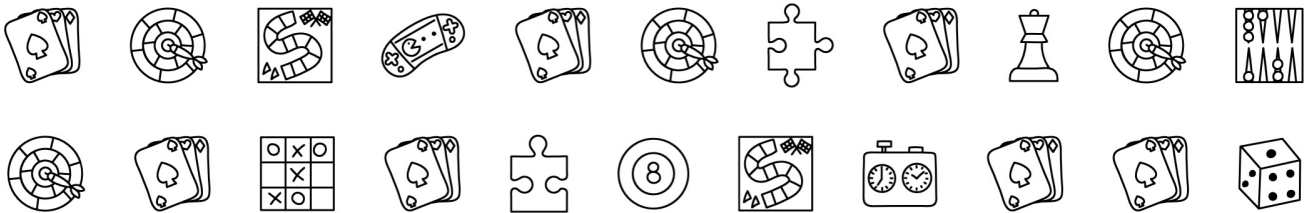
Tuesday

Circle all the PUZZLE PIECES 



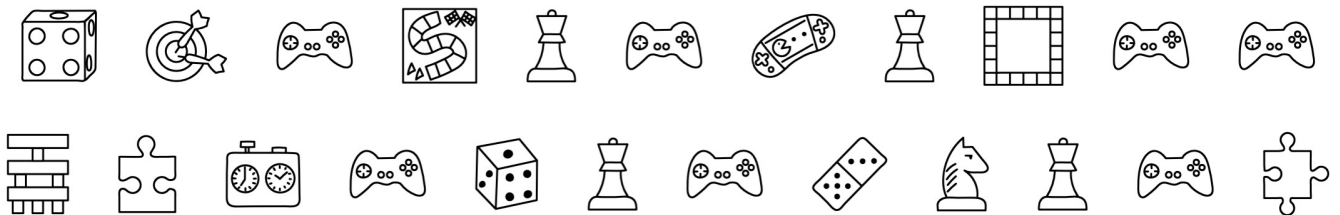
Wednesday

Circle all the CARDS 



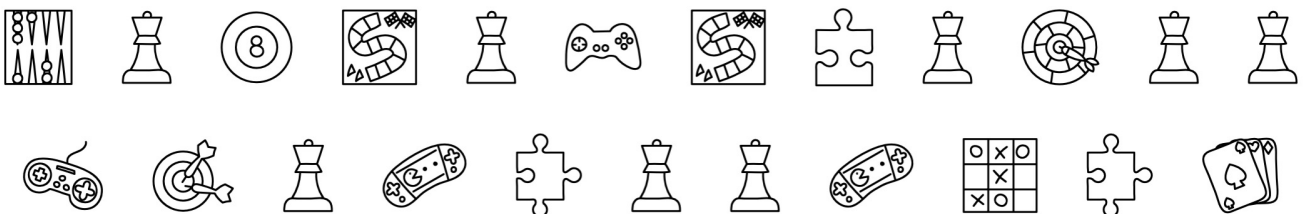
Thursday

Circle all the CONTROLLERS 



Friday

Circle all the CHESS PIECES 



Name: _____

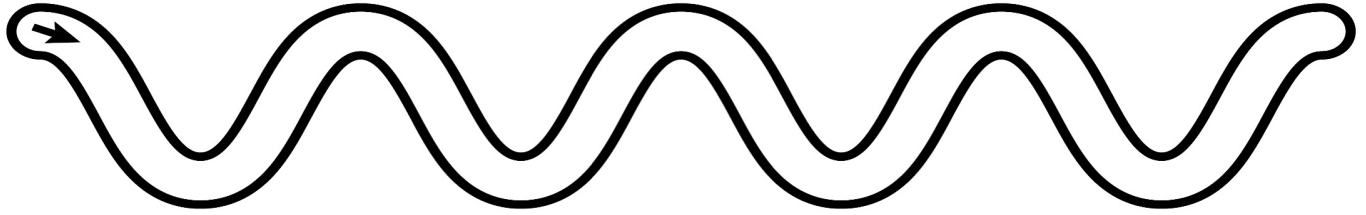
VISUAL MOTOR

Stay on the line to complete the daily activity!

Monday

I stayed on the line

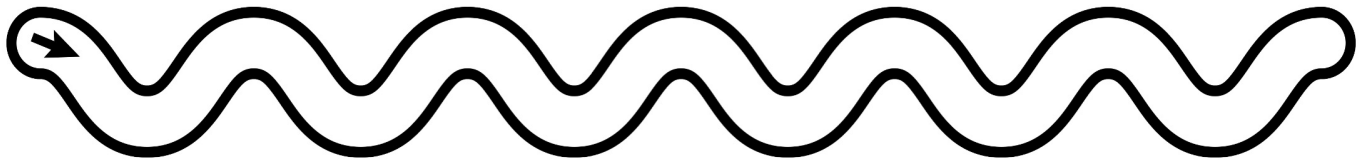
I checked my work



Tuesday

I stayed on the line

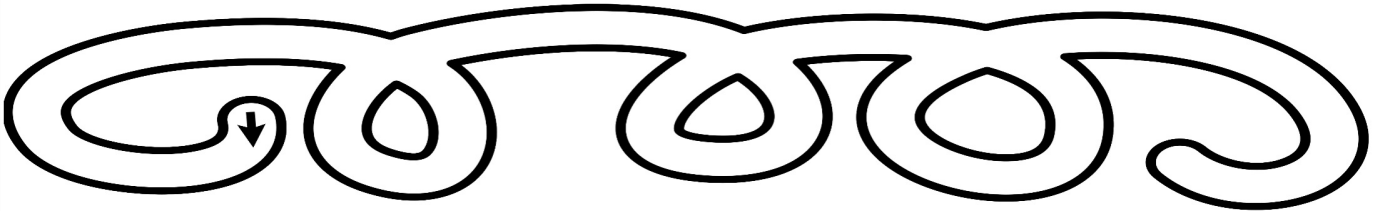
I checked my work



Wednesday

I stayed on the line

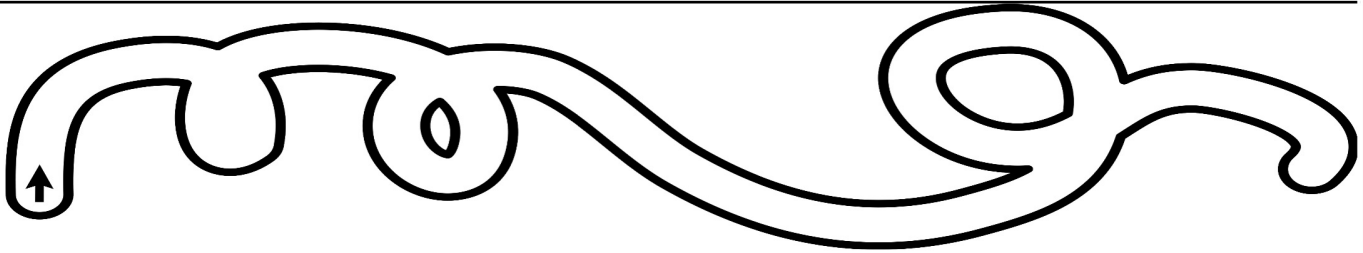
I checked my work



Thursday

I stayed on the line

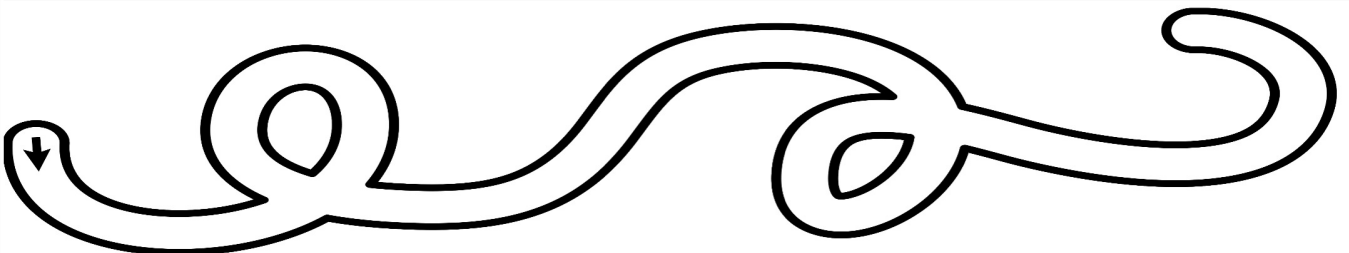
I checked my work



Friday

I stayed on the line

I checked my work



Name: _____

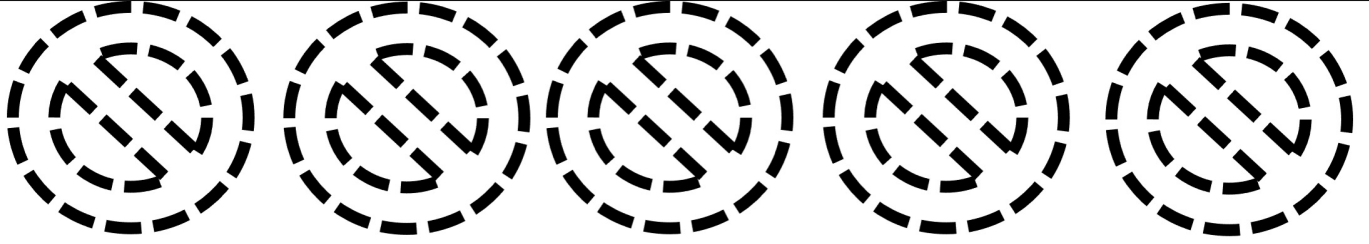
VISUAL MOTOR

Trace the shapes to complete the daily activity!

Monday

I stayed on the line

I checked my work



Tuesday

I stayed on the line

I checked my work



Wednesday

I stayed on the line

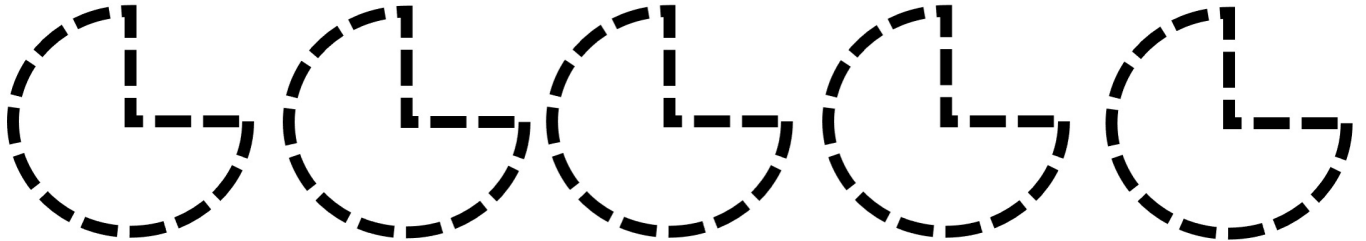
I checked my work



Thursday

I stayed on the line

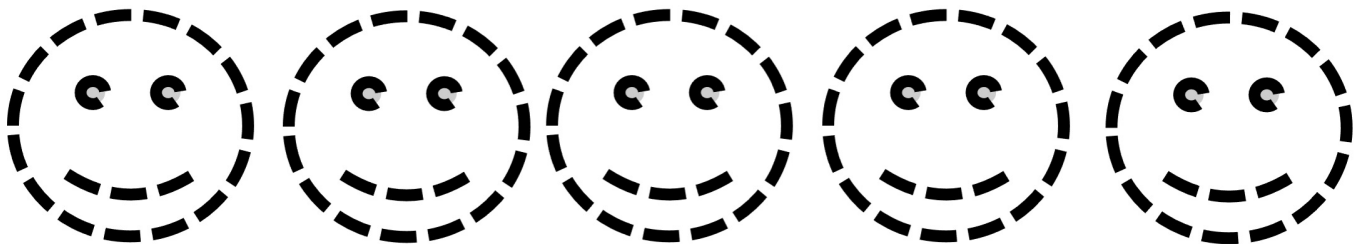
I checked my work



Friday

I stayed on the line

I checked my work

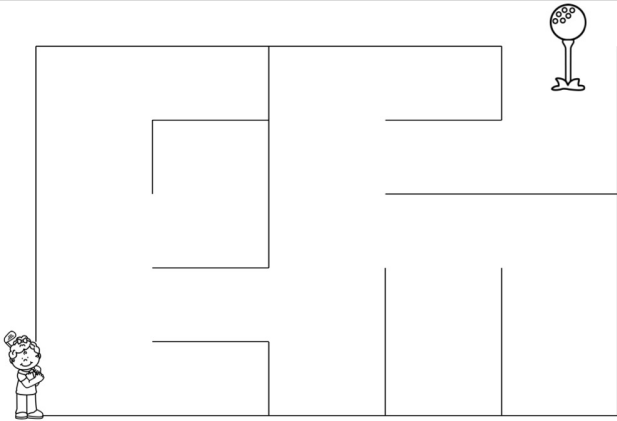


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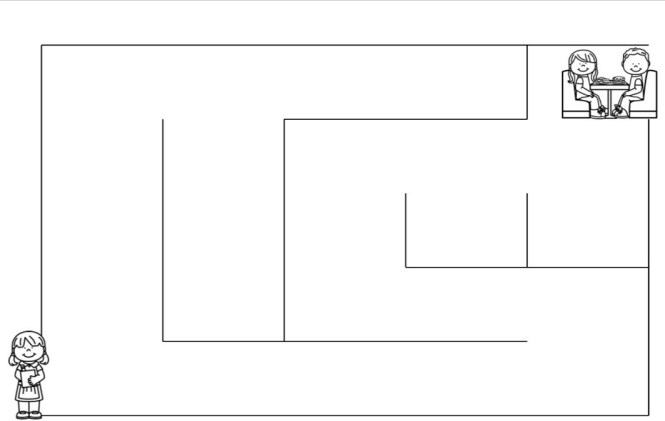
MAZES

Follow the mazes to complete the daily activity!

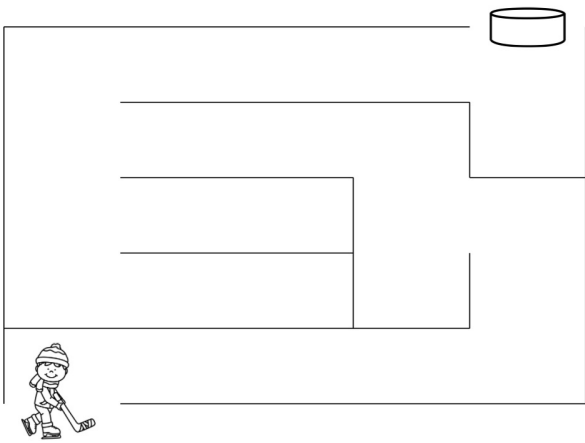
Monday



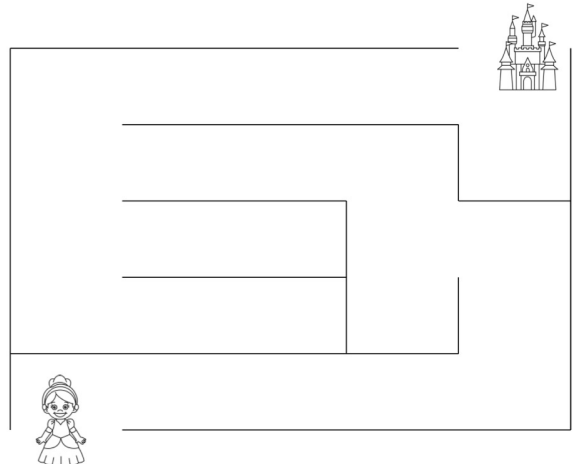
Tuesday



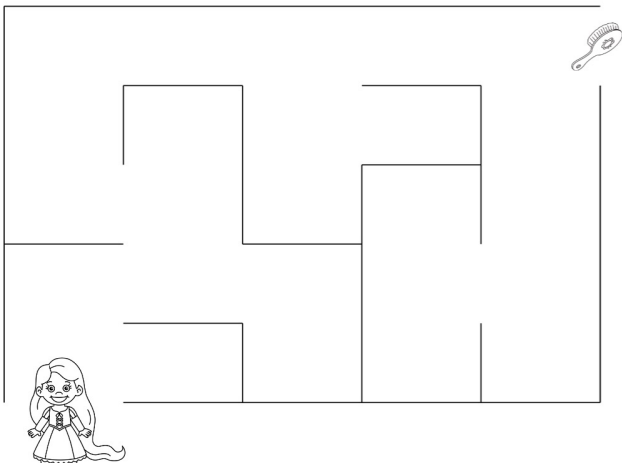
Wednesday



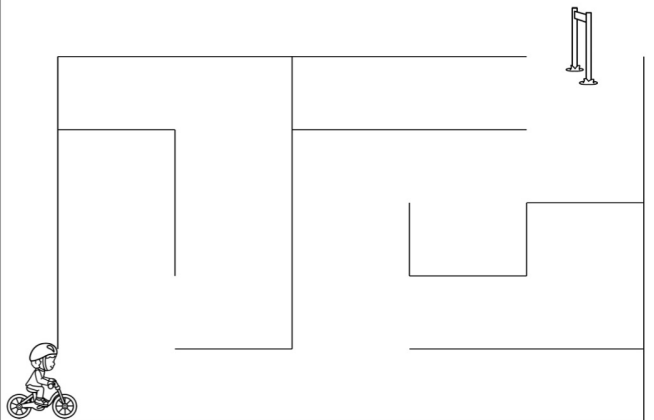
Thursday



Friday



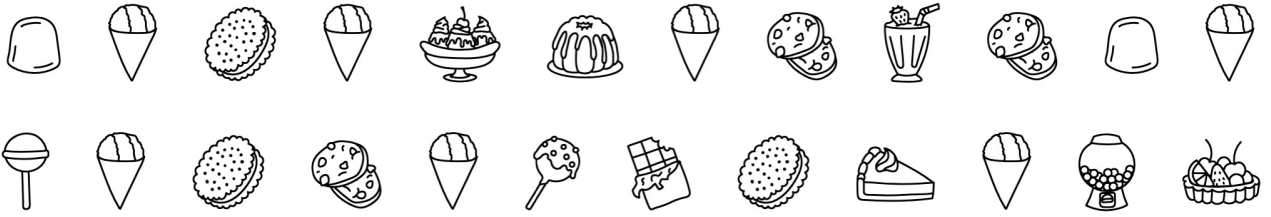
Bonus



Name: _____

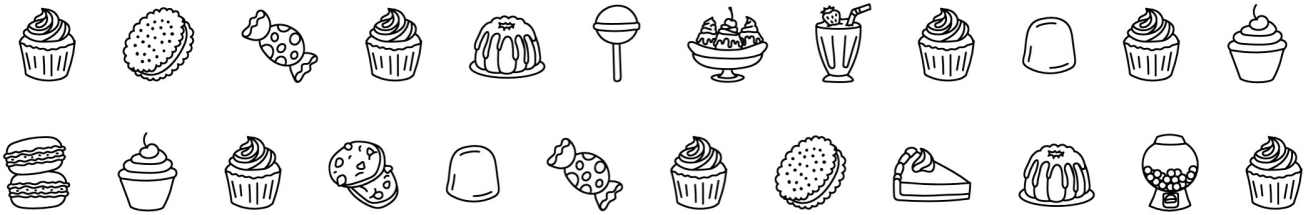
Monday

Circle all the SNOWCONES 



Tuesday

Circle all the CUPCAKES 



Wednesday

Circle all the COOKIES 



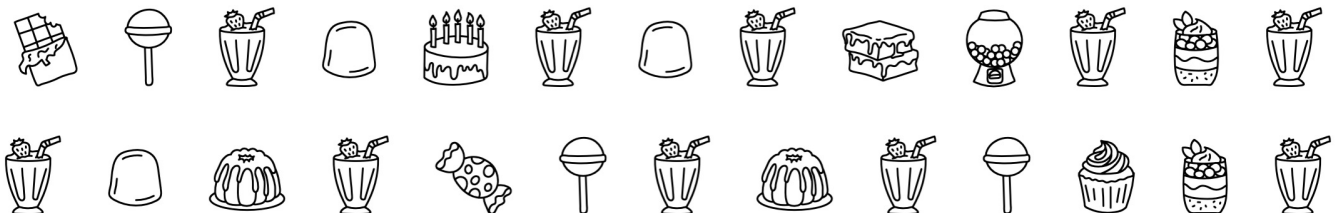
Thursday

Circle all the BIRTHDAY CAKES 



Friday

Circle all the MILKSHAKES 



Name: _____

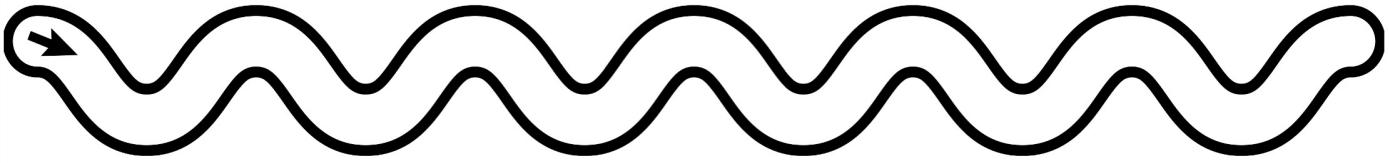
VISUAL MOTOR

Stay on the line to complete the daily activity!

Monday

I stayed on the line

I checked my work



Tuesday

I stayed on the line

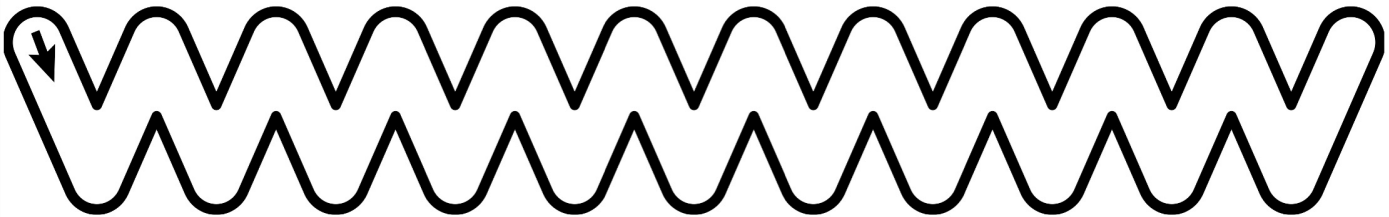
I checked my work



Wednesday

I stayed on the line

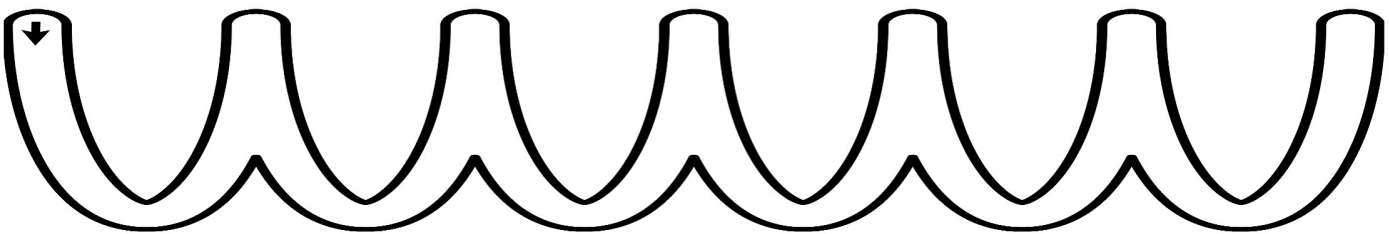
I checked my work



Thursday

I stayed on the line

I checked my work



Friday

I stayed on the line

I checked my work



Name: _____

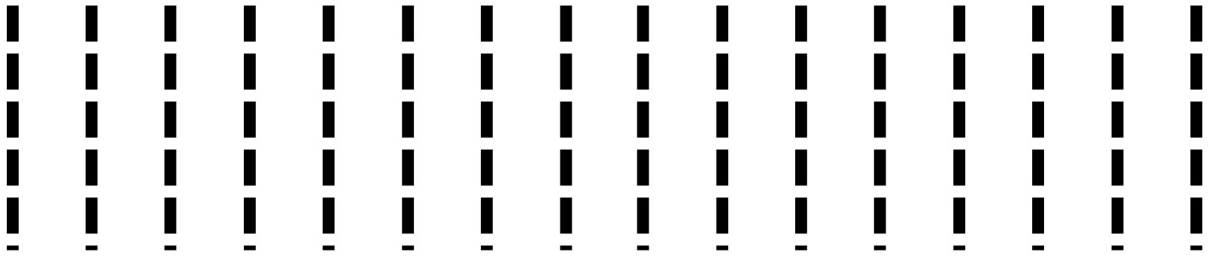
PRE-WRITING LINES

Trace the lines to complete the daily activity!

Monday

I stayed on the line

I checked my work



Tuesday

I stayed on the line

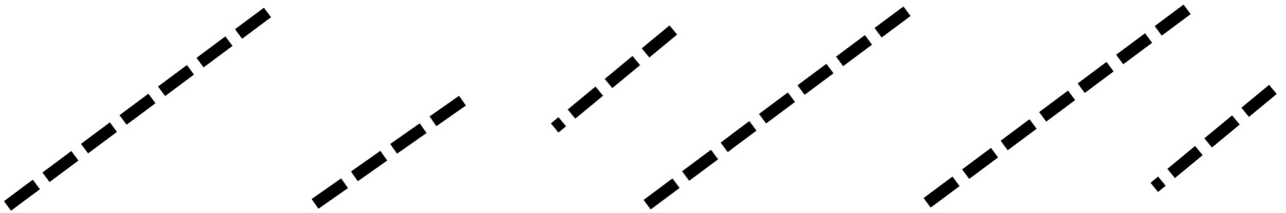
I checked my work



Wednesday

I stayed on the line

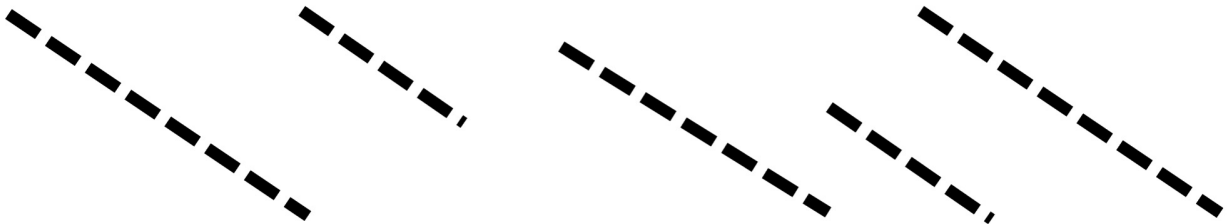
I checked my work



Thursday

I stayed on the line

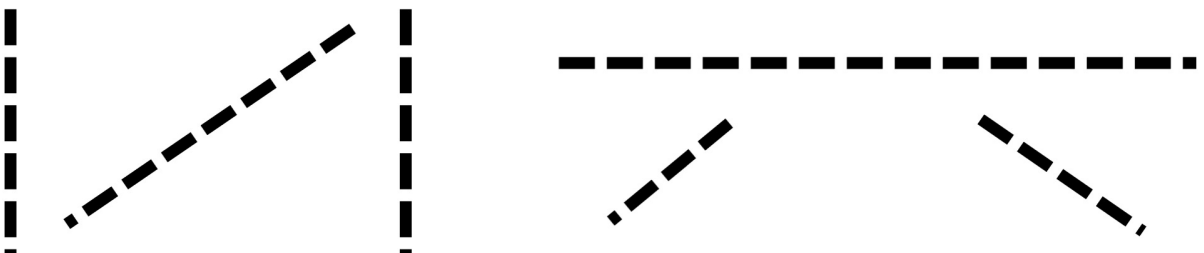
I checked my work



Friday

I stayed on the line

I checked my work



Name: _____

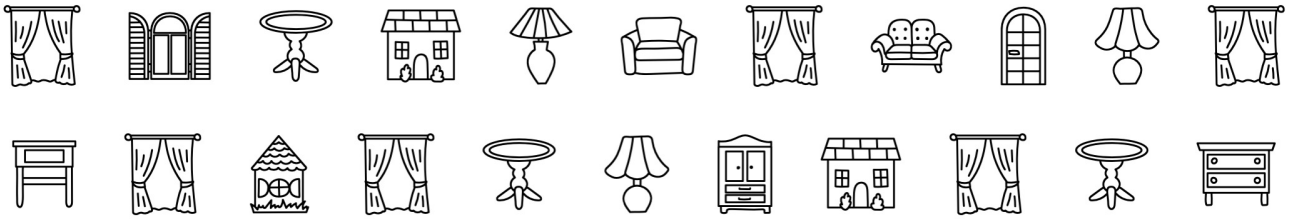
Monday

Circle all the LAMPS 



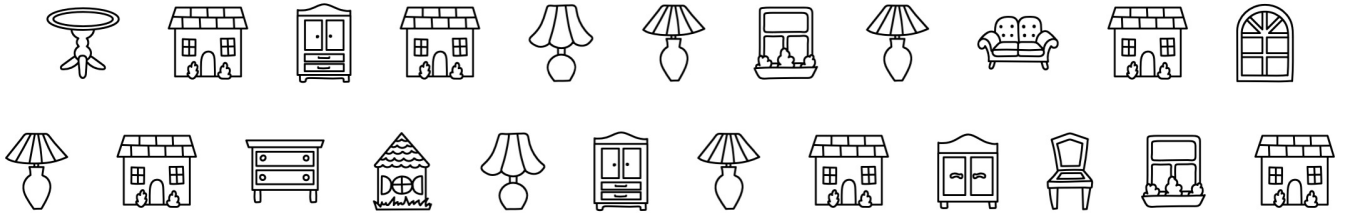
Tuesday

Circle all the WINDOWS 




Wednesday

Circle all the HOUSES 



Thursday

Circle all the BEDS 



Friday

Circle all the CHAIRS 



Name: _____

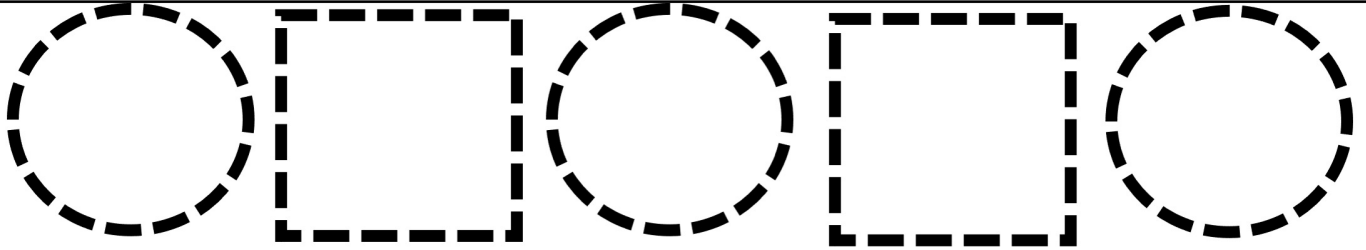
Pencil Control

Trace the shapes to complete the daily activity!

Monday

I stayed on the line

I checked my work



Tuesday

I stayed on the line

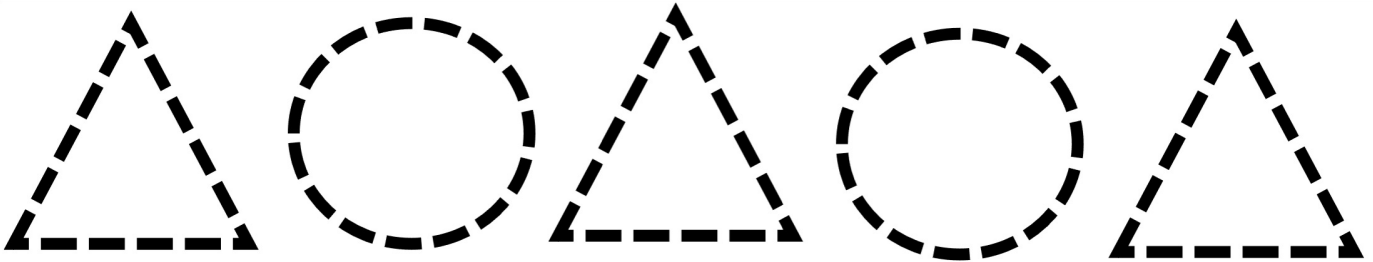
I checked my work



Wednesday

I stayed on the line

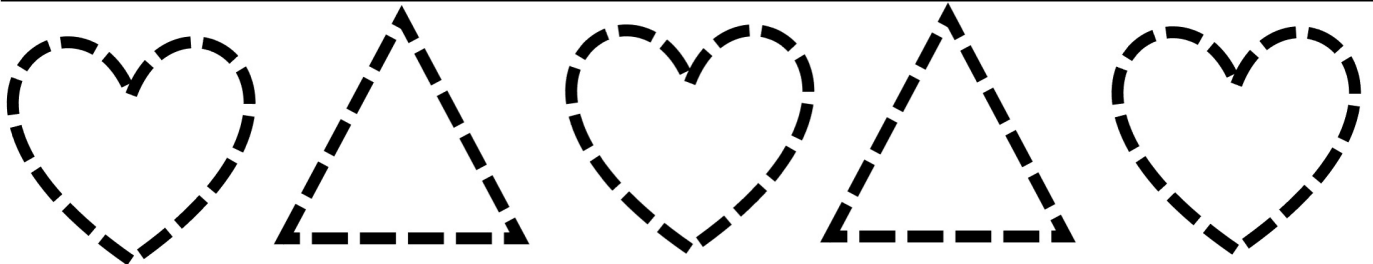
I checked my work



Thursday

I stayed on the line

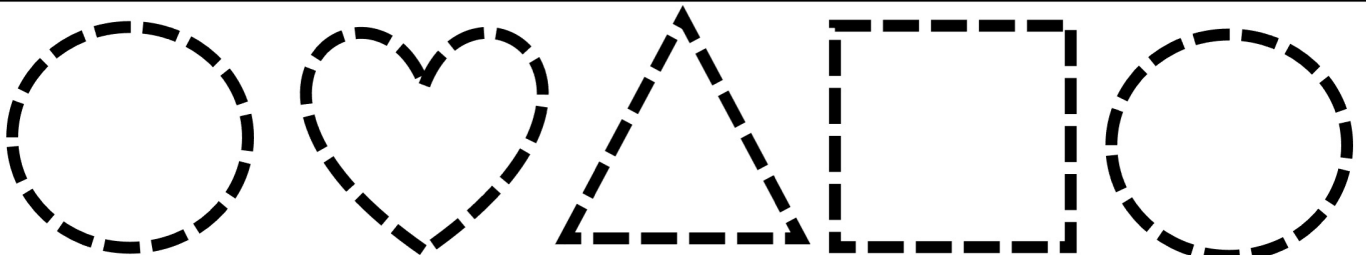
I checked my work



Friday

I stayed on the line

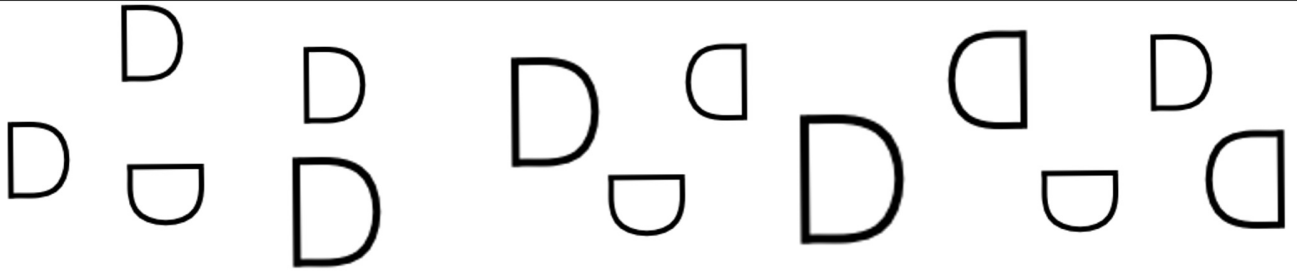
I checked my work



Name: _____

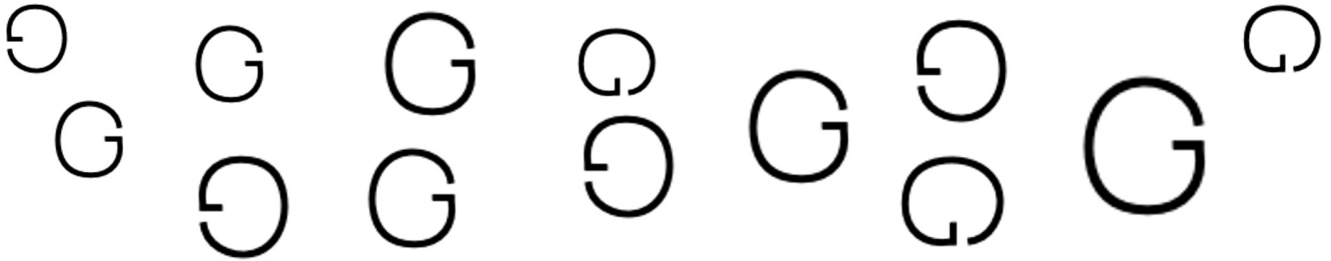
Monday

Circle all the letter D



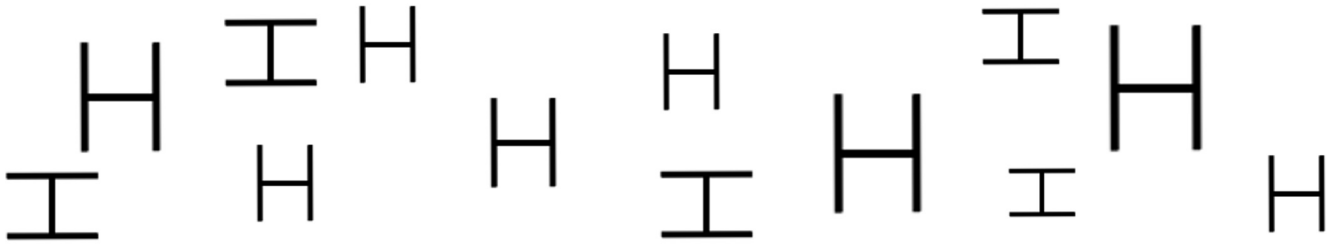
Tuesday

Circle all the letter G



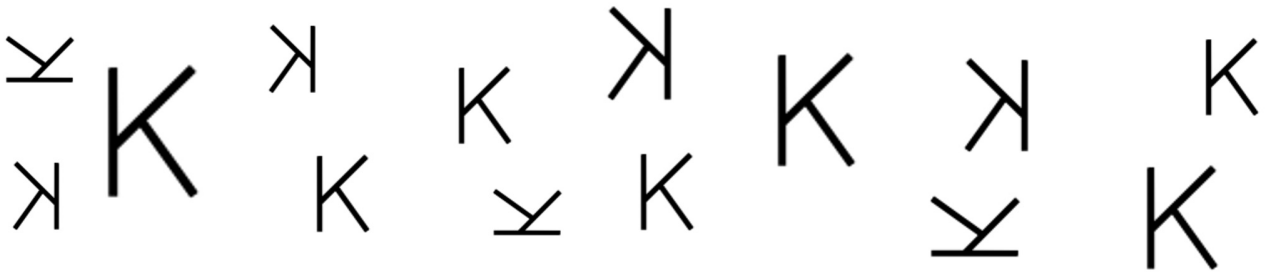
Wednesday

Circle all the letter H



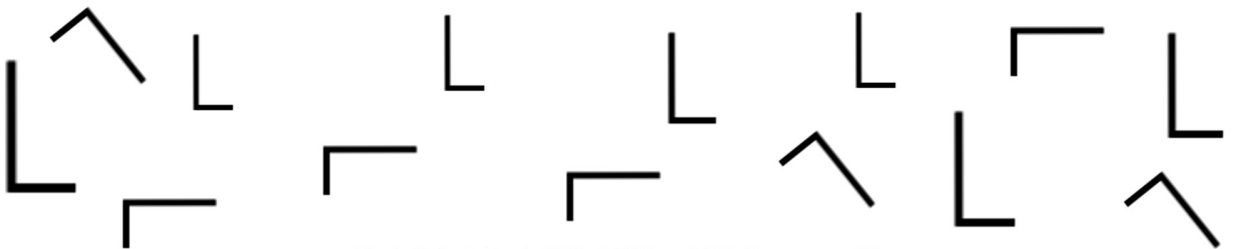
Thursday

Circle all the letter K



Friday

Circle all the letter L




Name: _____

Monday

Circle all the SNOWFLAKES 



Tuesday

Circle all the TREES 



Wednesday

Circle all the SWEATERS 



Thursday

Circle all the SHOVELS 



Friday

Circle all the MITTENS 



Name: _____

VISUAL MOTOR

Trace the lines to complete the daily activity!

Monday

I stayed on the line

I checked my work



Tuesday

I stayed on the line

I checked my work



Wednesday

I stayed on the line

I checked my work



Thursday

I stayed on the line

I checked my work



Friday

I stayed on the line

I checked my work



Name: _____

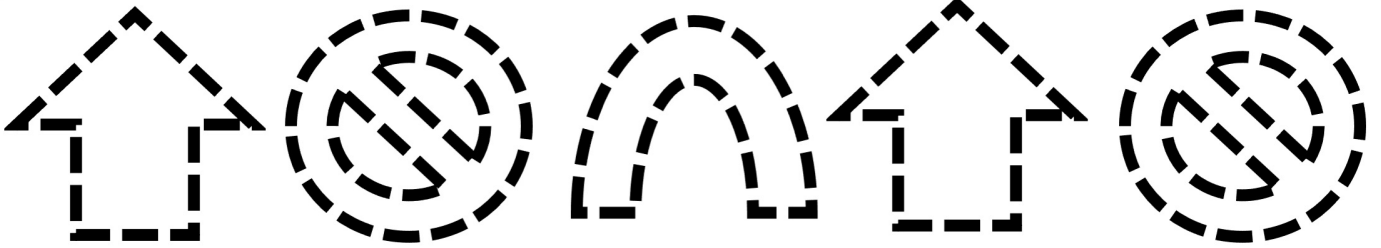
VISUAL MOTOR

Trace the shapes to complete the daily activity!

Monday

I stayed on the line

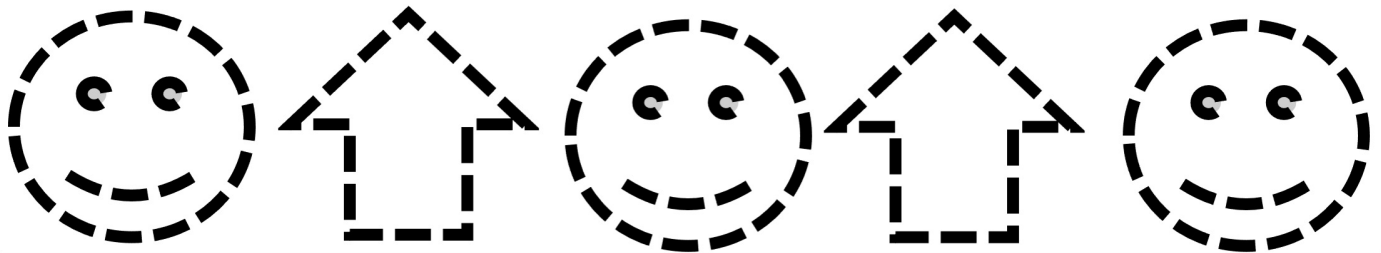
I checked my work



Tuesday

I stayed on the line

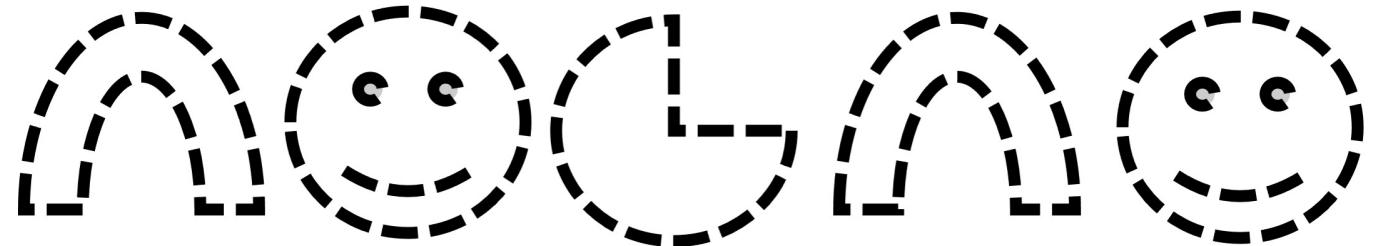
I checked my work



Wednesday

I stayed on the line

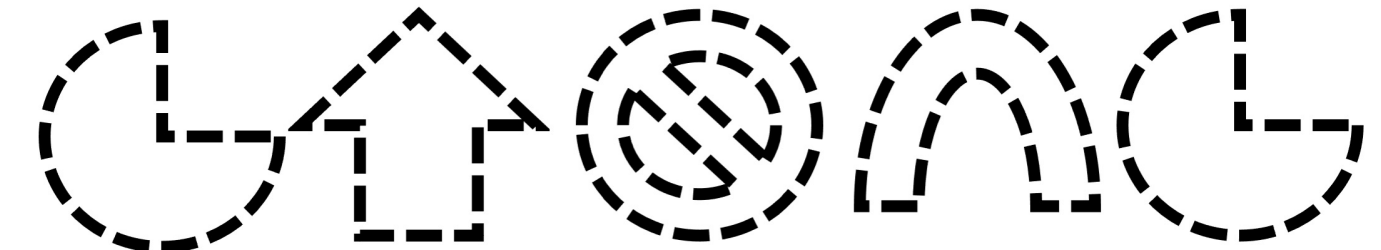
I checked my work



Thursday

I stayed on the line

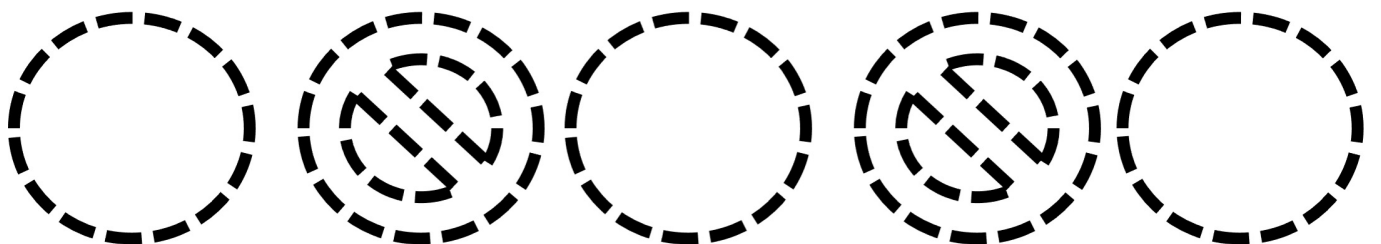
I checked my work



Friday

I stayed on the line

I checked my work

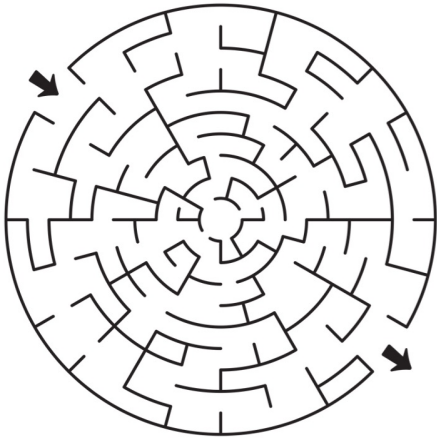


Name: _____

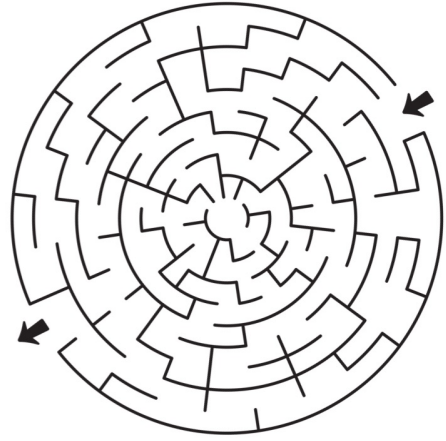
MAZES

Follow the mazes to complete the daily activity!

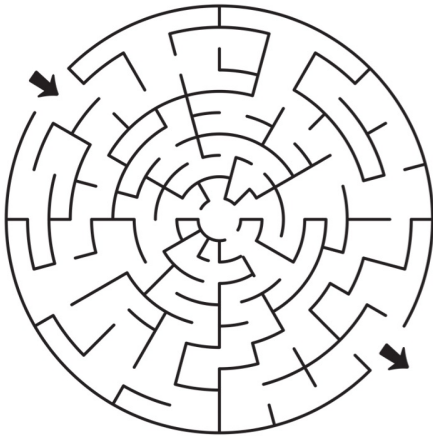
Monday



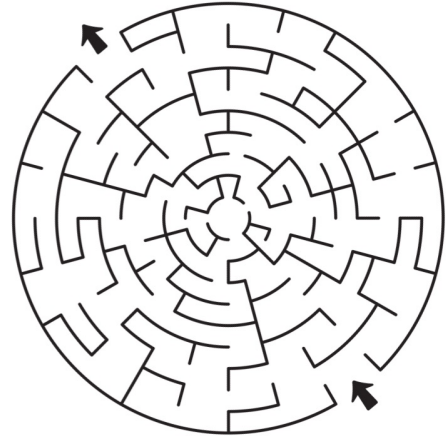
Tuesday



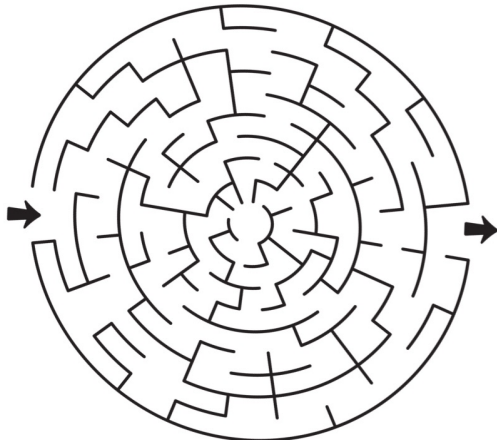
Wednesday



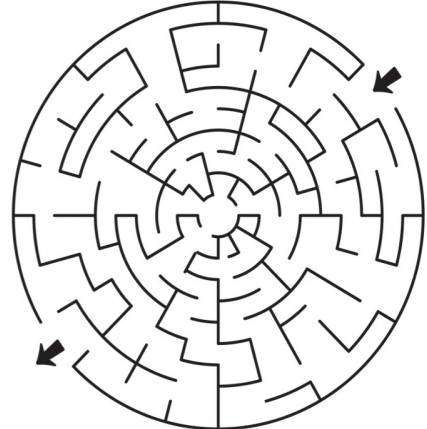
Thursday



Friday



Bonus



Name: _____

Monday

Circle all the WAFFLES 



Tuesday

Circle all the MUFFINS 



Wednesday

Circle all the PANCAKES 



Thursday

Circle all the CINNAMON ROLLS 



Friday

Circle all the CROISSANTS 



Name: _____

VISUAL MOTOR

Trace the lines to complete the daily activity!

Monday

I stayed on the line

I checked my work



Tuesday

I stayed on the line

I checked my work



Wednesday

I stayed on the line

I checked my work



Thursday

I stayed on the line

I checked my work



Friday

I stayed on the line

I checked my work



Name: _____

Monday

Circle all the MOUNTAINS



Tuesday

Circle all the BOOTS



Wednesday

Circle all the FLASHLIGHTS



Thursday

Circle all the FISHING POLES



Friday

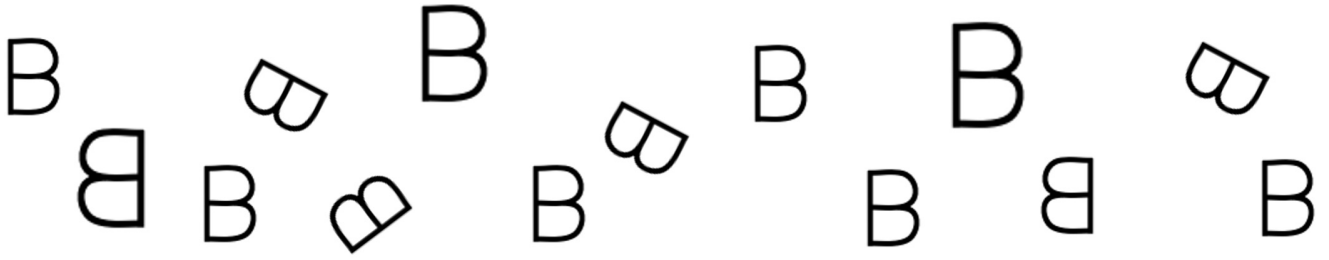
Circle all the MAPS



Name: _____

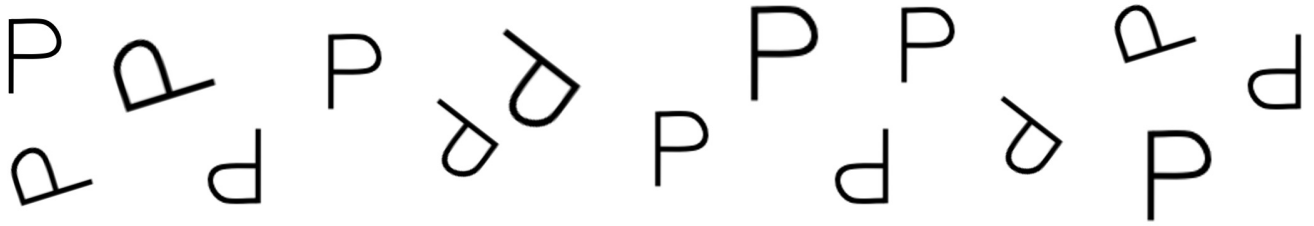
Monday

Circle all the letter B



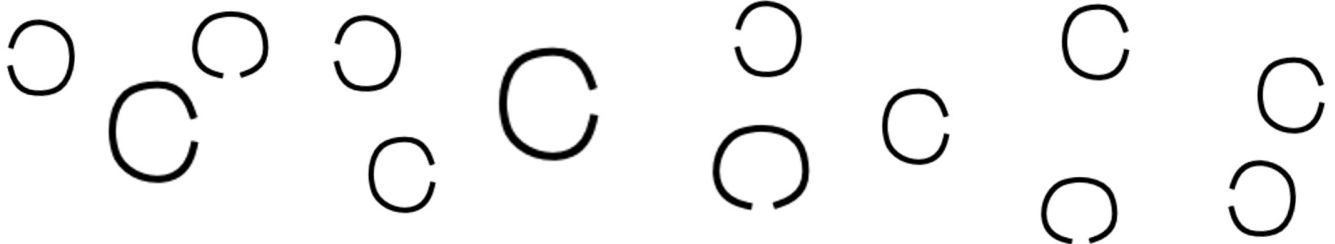
Tuesday

Circle all the letter P



Wednesday

Circle all the letter C



Thursday

Circle all the letter E



Friday

Circle all the letter M



Name: _____

VISUAL MOTOR

Trace the lines to complete the daily activity!

Monday

I stayed on the line

I checked my work



Tuesday

I stayed on the line

I checked my work



Wednesday

I stayed on the line

I checked my work



Thursday

I stayed on the line

I checked my work



Friday

I stayed on the line

I checked my work

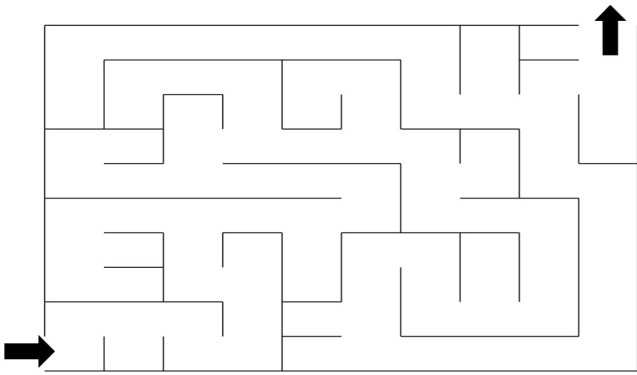


Name: _____

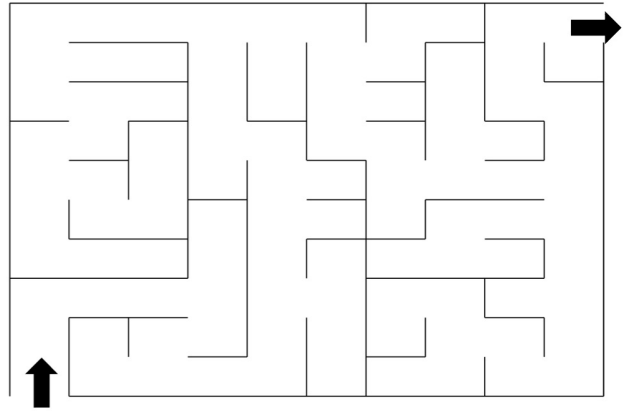
Pencil Control

Follow the mazes to complete the daily activity!

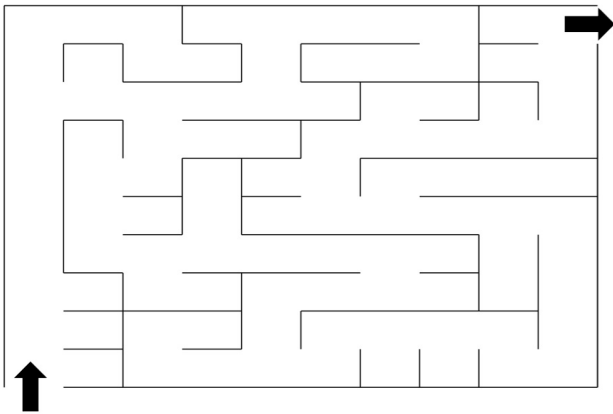
Monday



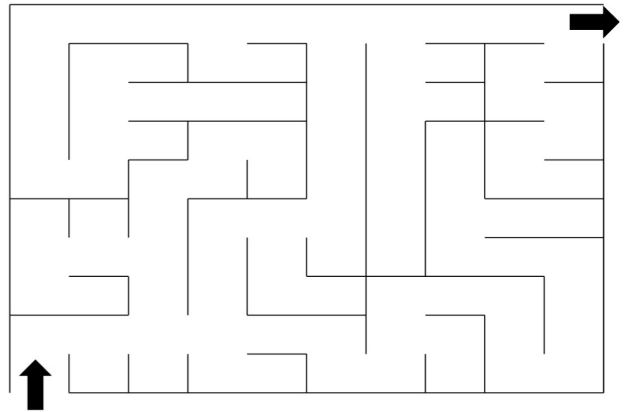
Tuesday



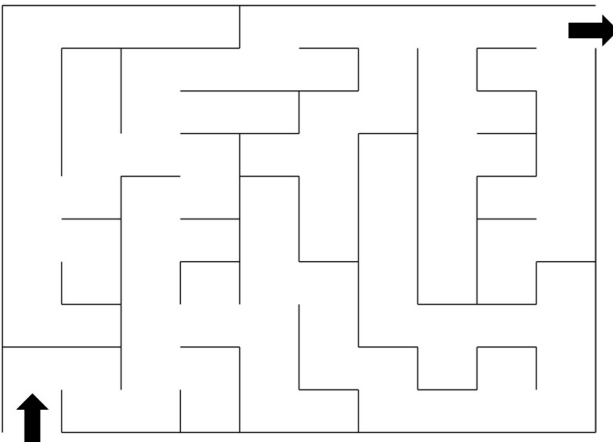
Wednesday



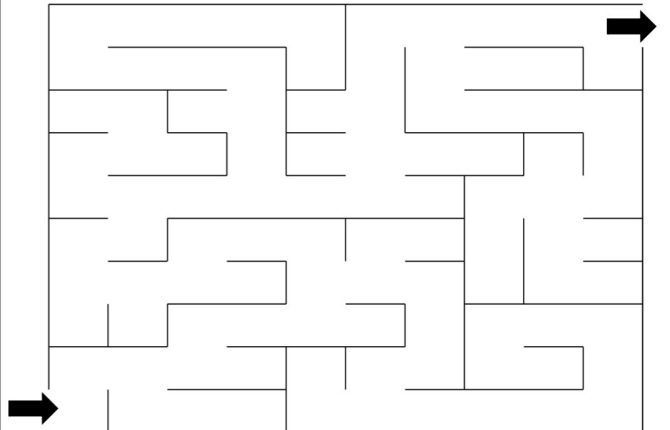
Thursday



Friday



Bonus



Name: _____

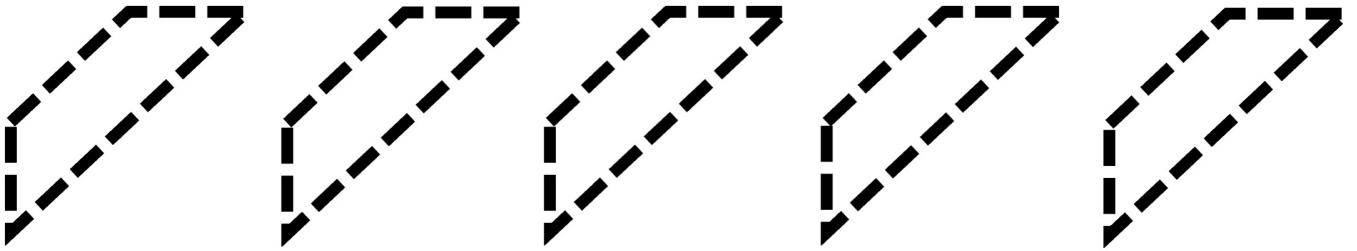
Pencil Control

Trace the shapes to complete the daily activity!

Monday

I stayed on the line

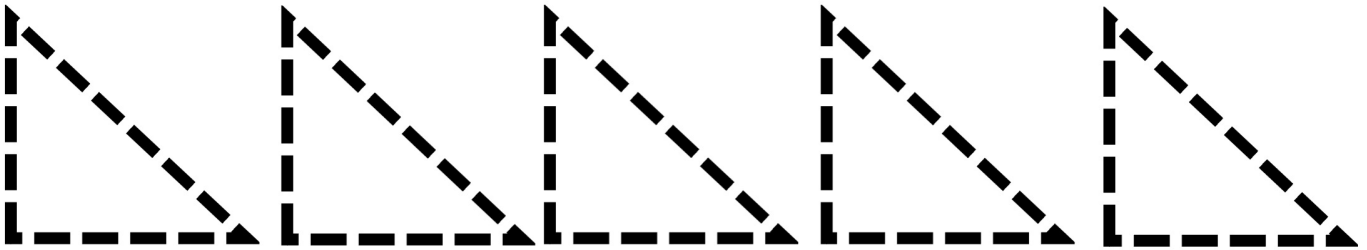
I checked my work



Tuesday

I stayed on the line

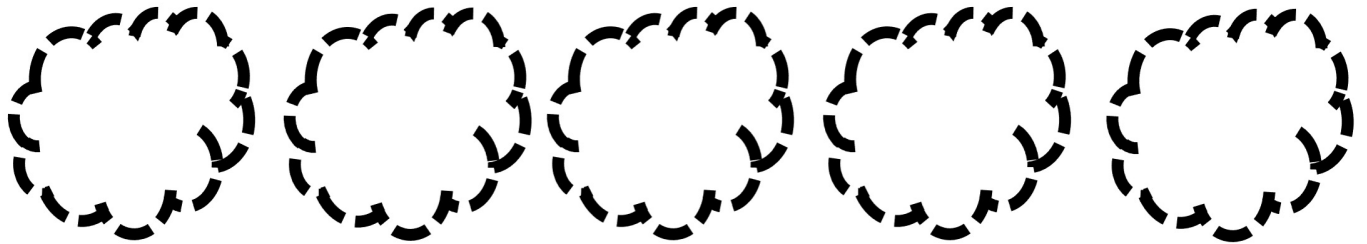
I checked my work



Wednesday

I stayed on the line

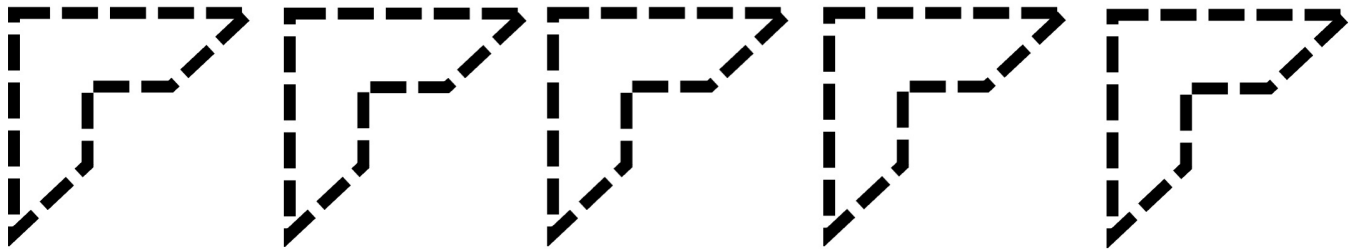
I checked my work



Thursday

I stayed on the line

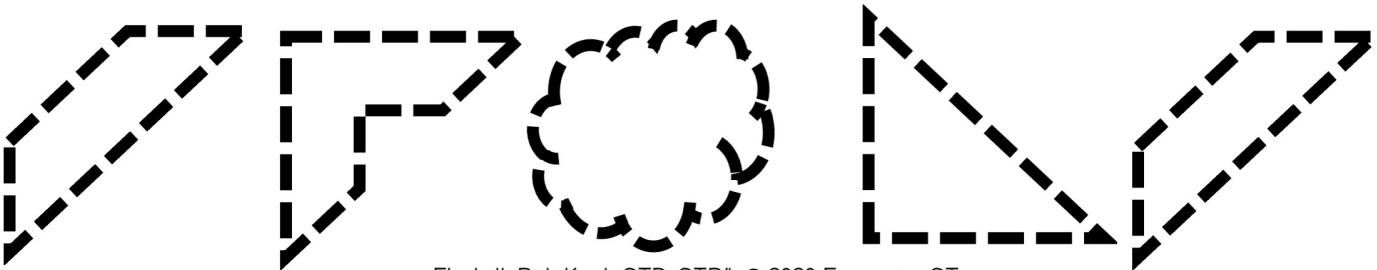
I checked my work



Friday

I stayed on the line

I checked my work



Name: _____

Monday

Circle all the SOCCER BALLS 



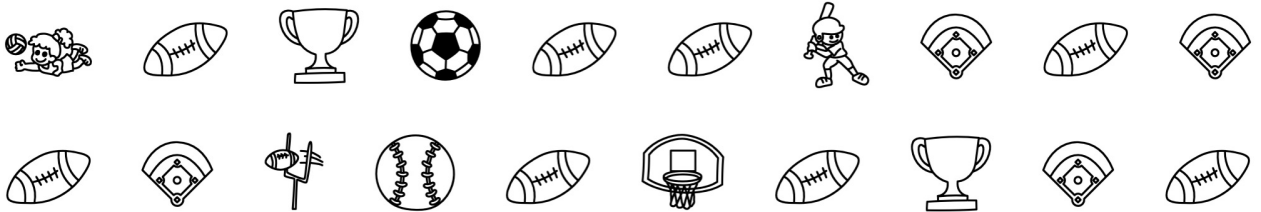
Tuesday

Circle all the BASKETBALL HOOPS 



Wednesday

Circle all the FOOTBALLS 



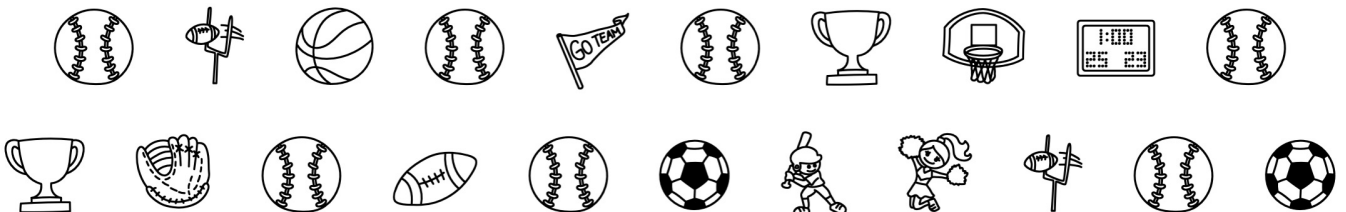
Thursday

Circle all the TROPHIES 



Friday

Circle all the BASEBALLS 



Name: _____

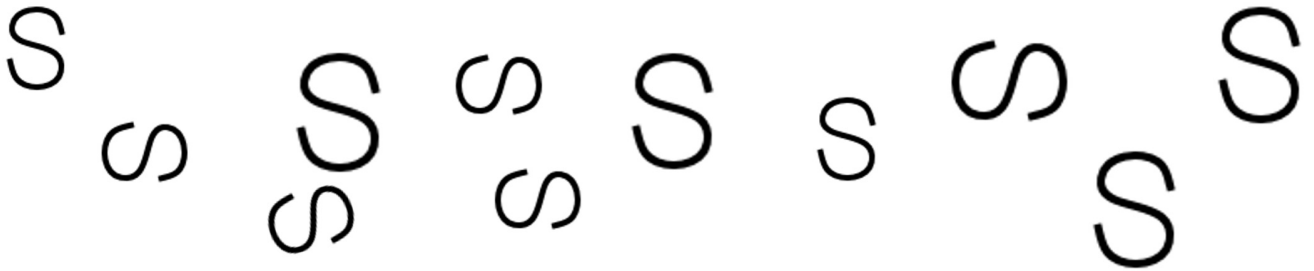
Monday

Circle all the letter Z



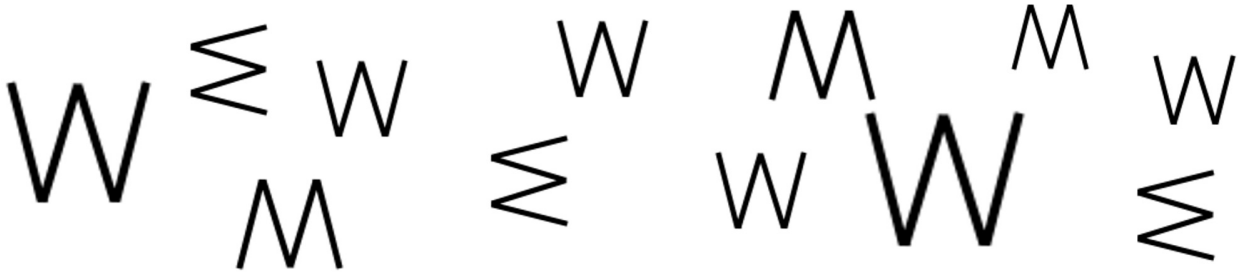
Tuesday

Circle all the letter S



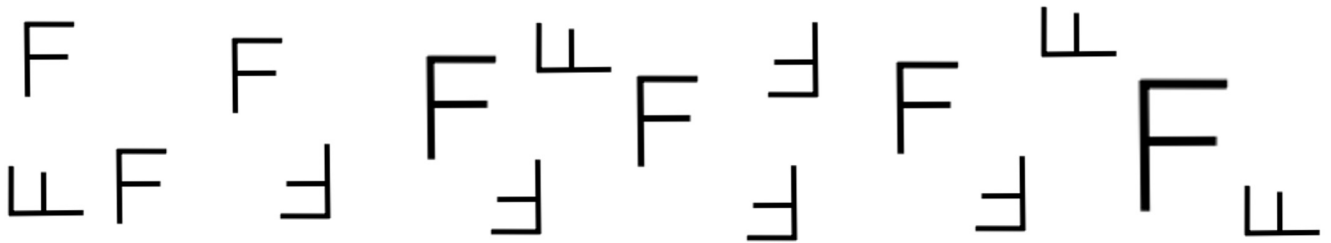
Wednesday

Circle all the letter W



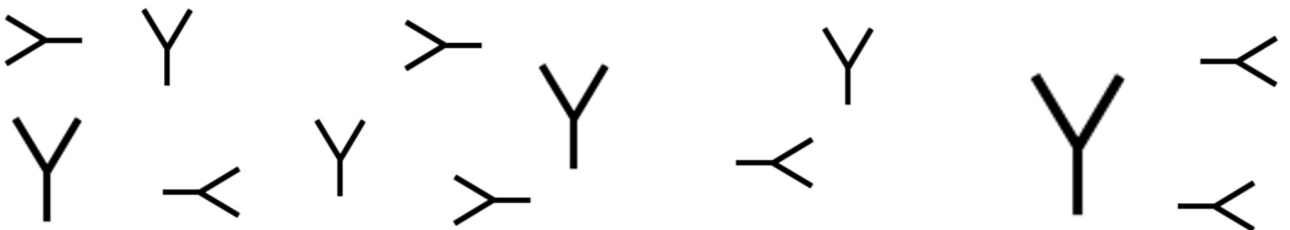
Thursday

Circle all the letter F



Friday

Circle all the letter Y



Name: _____

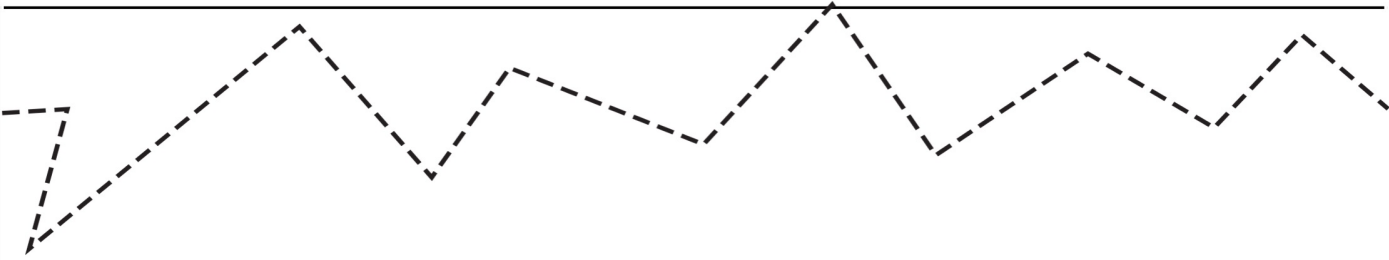
VISUAL MOTOR

Trace the lines to complete the daily activity!

Monday

I stayed on the line

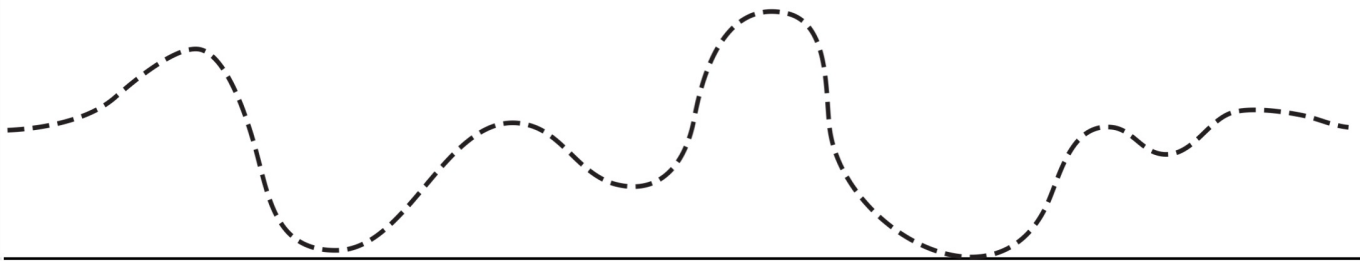
I checked my work



Tuesday

I stayed on the line

I checked my work



Wednesday

I stayed on the line

I checked my work



Thursday

I stayed on the line

I checked my work



Friday

I stayed on the line

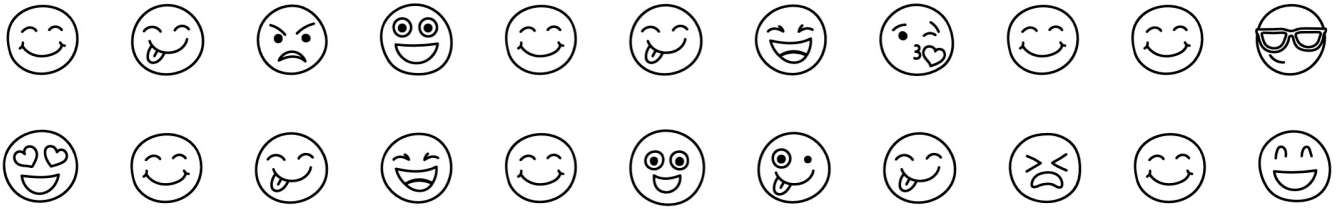
I checked my work



Name: _____

Monday

Circle all the HAPPY FACES 😊



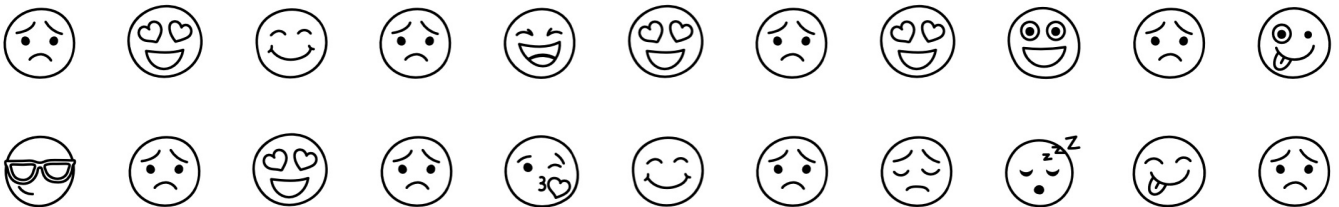
Tuesday

Circle all the SILLY FACES 🤪



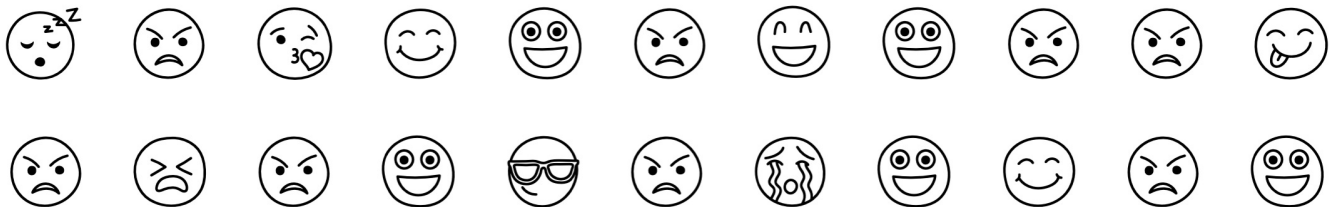
Wednesday

Circle all the SAD FACES 😞



Thursday

Circle all the ANGRY FACES 😡



Friday

Circle all the LAUGHING FACES 😂



Name: _____

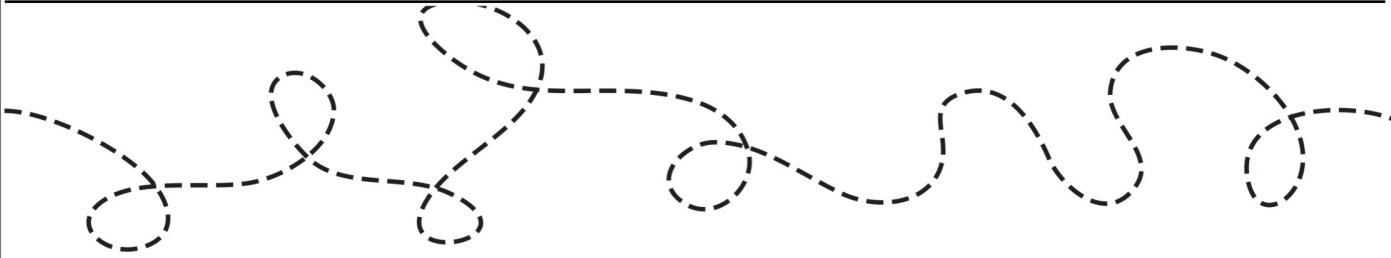
VISUAL MOTOR

Trace the lines to complete the daily activity!

Monday

I stayed on the line

I checked my work



Tuesday

I stayed on the line

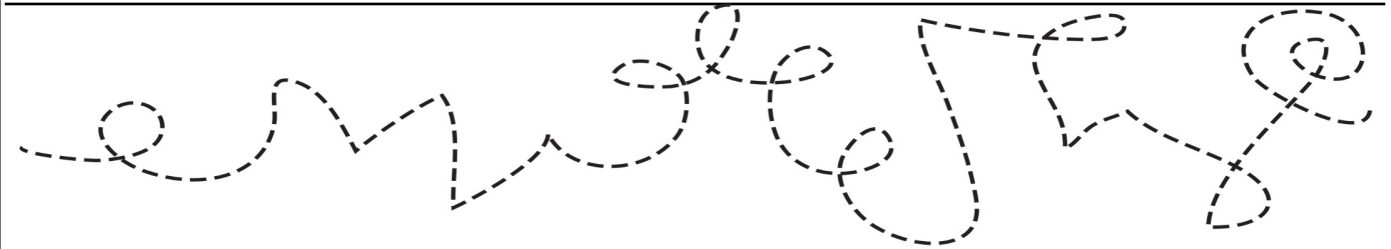
I checked my work



Wednesday

I stayed on the line

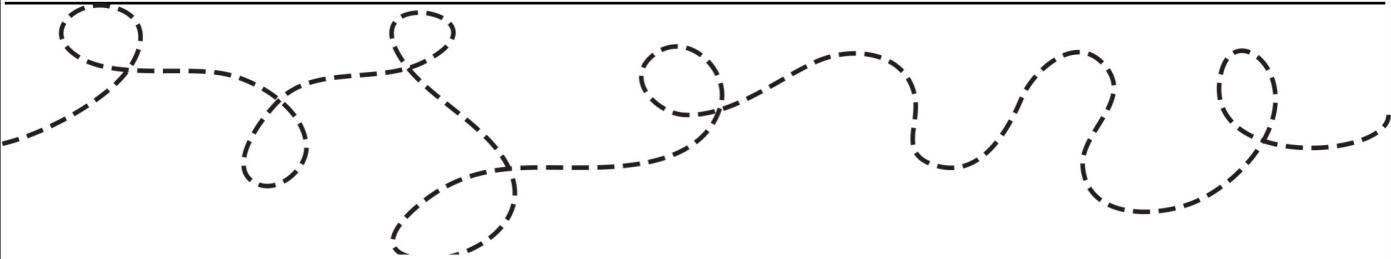
I checked my work



Thursday

I stayed on the line

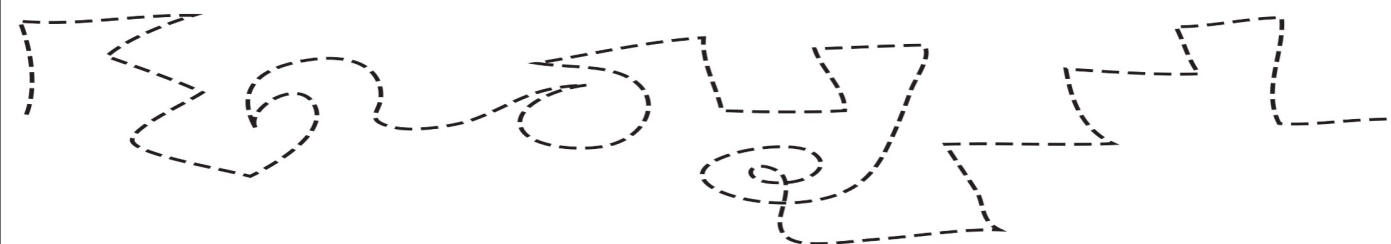
I checked my work



Friday

I stayed on the line

I checked my work

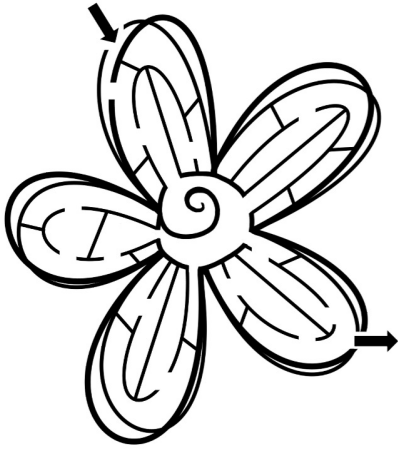


Name: _____

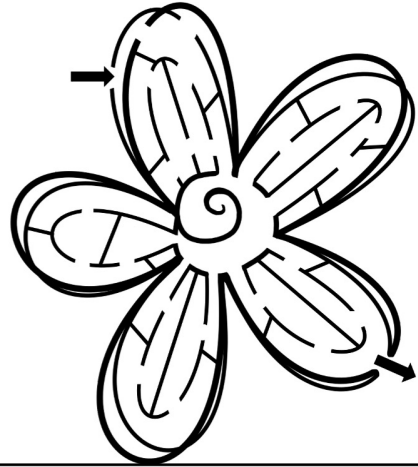
MAZES

Follow the mazes to complete the daily activity!

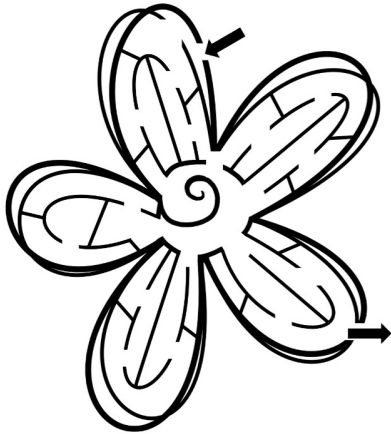
Monday



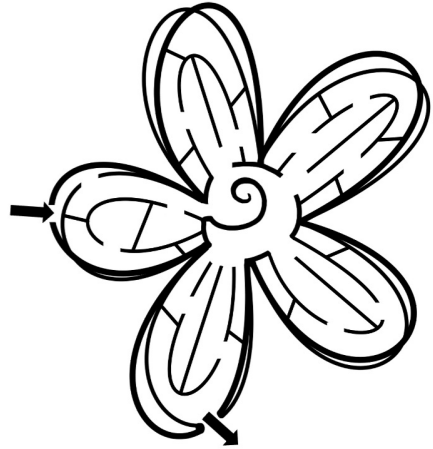
Tuesday



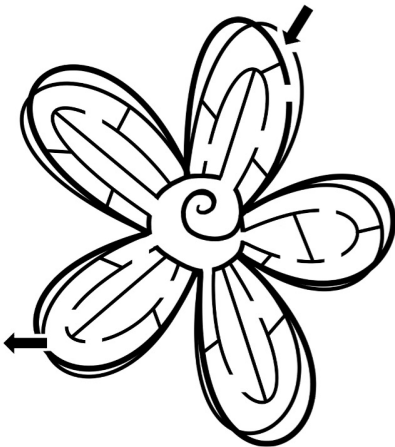
Wednesday



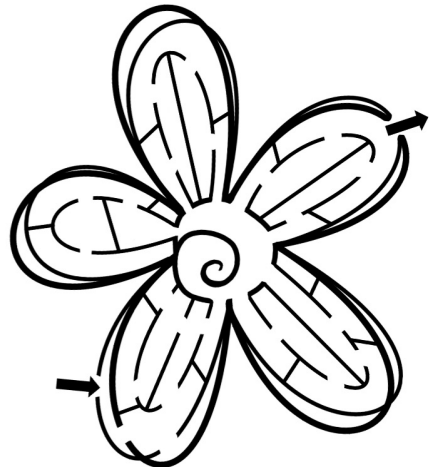
Thursday



Friday



Bonus



Name: _____

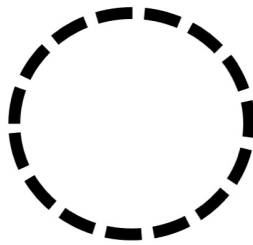
Pencil Control

Trace the shapes to complete the daily activity!

Monday

I stayed on the line

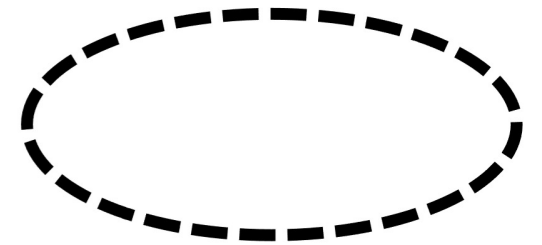
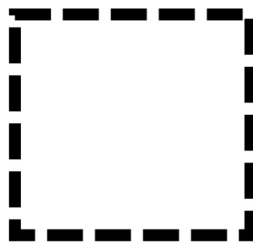
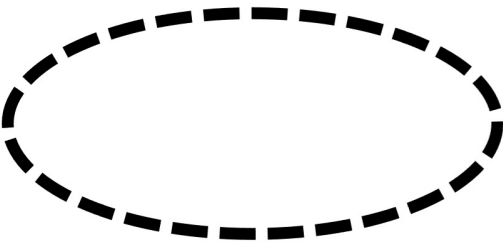
I checked my work



Tuesday

I stayed on the line

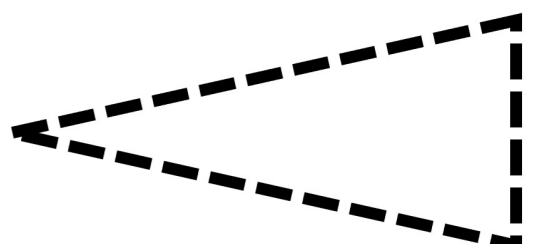
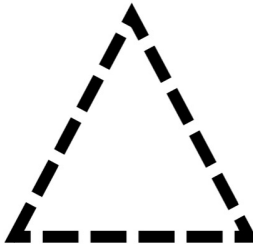
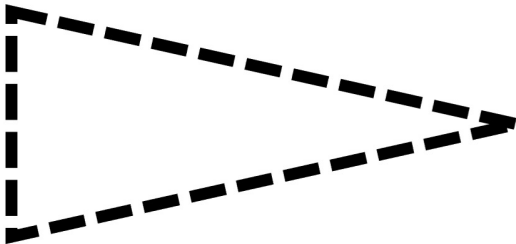
I checked my work



Wednesday

I stayed on the line

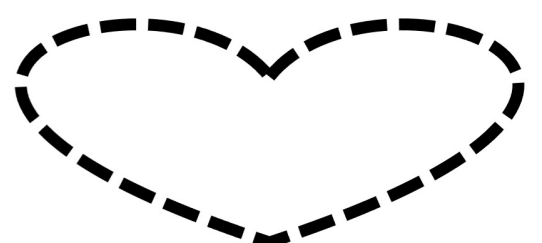
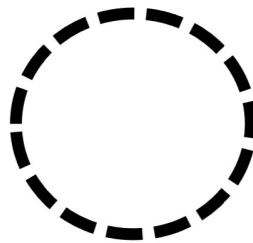
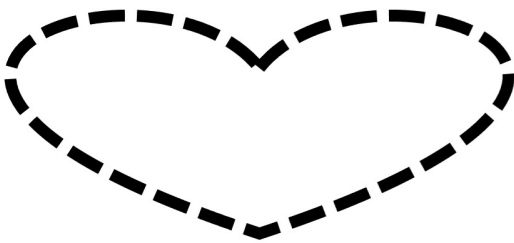
I checked my work



Thursday

I stayed on the line

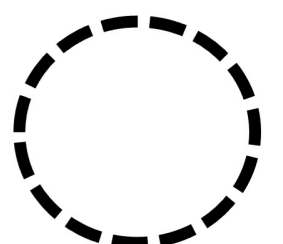
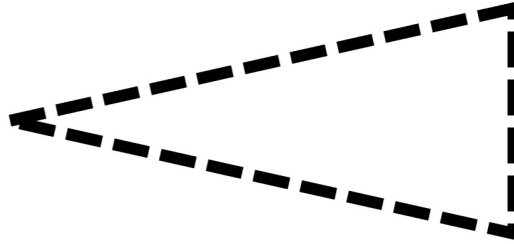
I checked my work



Friday


I stayed on the line

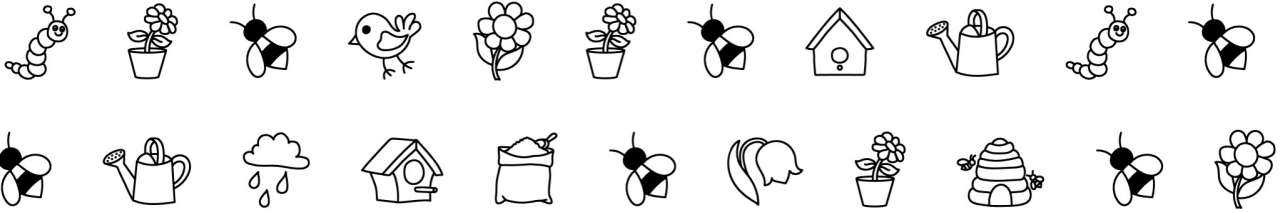
I checked my work



Name: _____

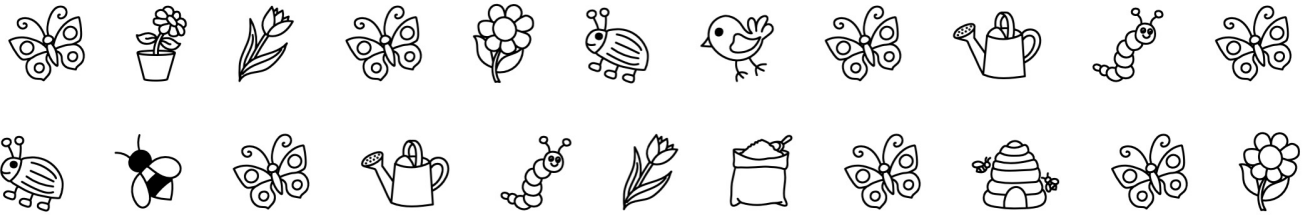
Monday

Circle all the BEES 



Tuesday

Circle all the BUTTERFLIES 



Wednesday

Circle all the UMBRELLAS 



Thursday

Circle all the WORMS 



Friday

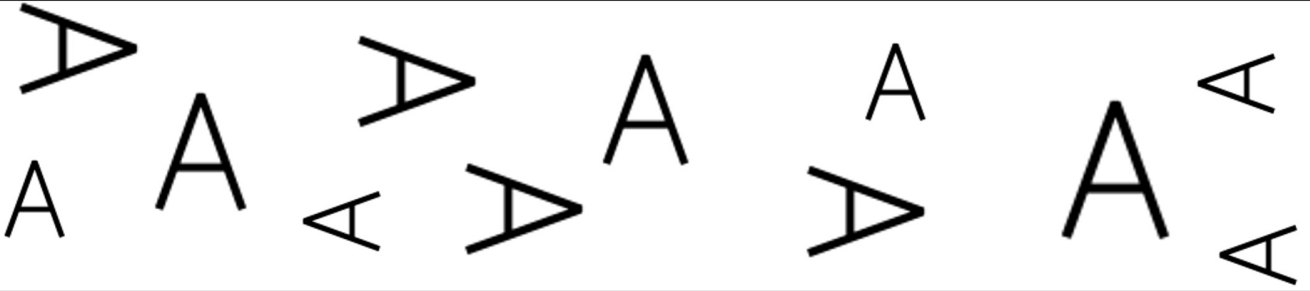
Circle all the DRAGONFLIES 



Name: _____

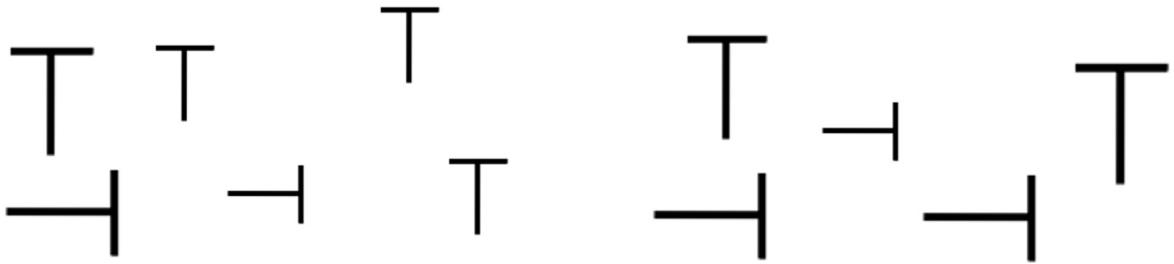
Monday

Circle all the letter A



Tuesday

Circle all the letter T



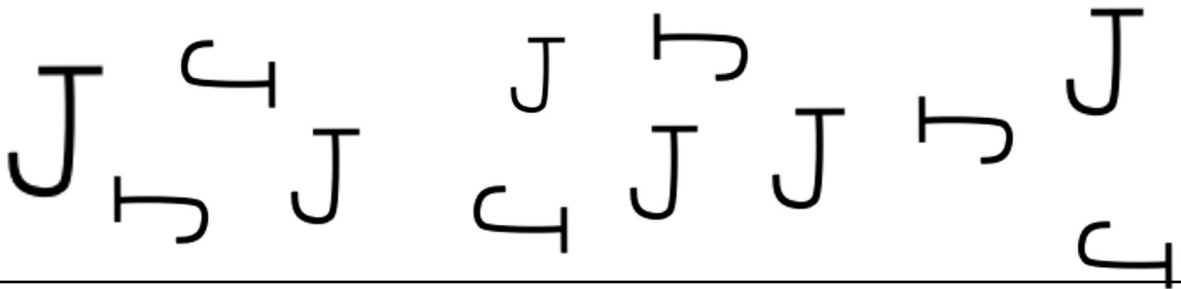
Wednesday

Circle all the letter R



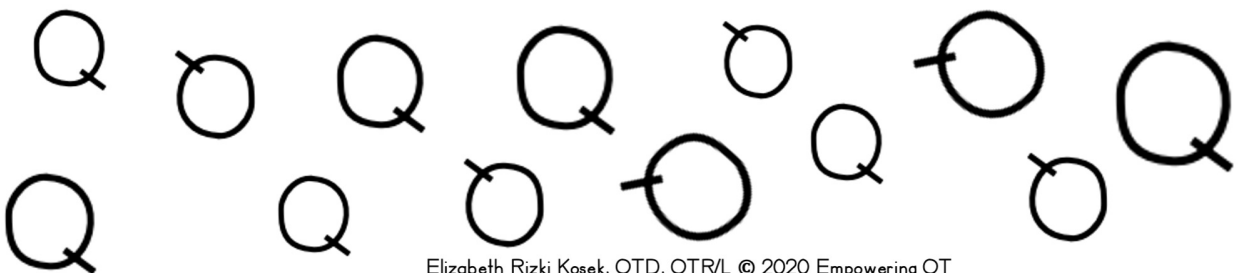
Thursday

Circle all the letter J



Friday

Circle all the letter Q

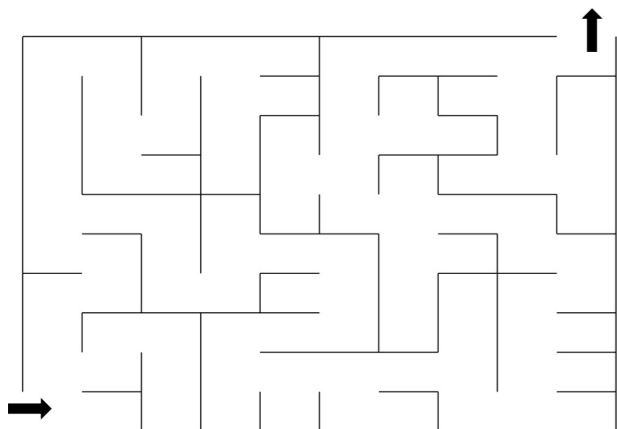


Name: _____

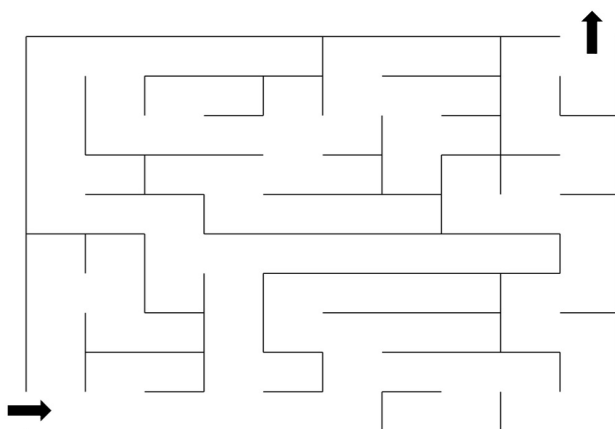
Pencil Control

Follow the mazes to complete the daily activity!

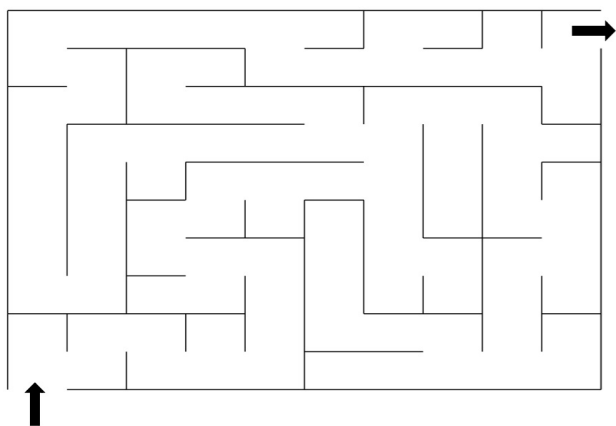
Monday



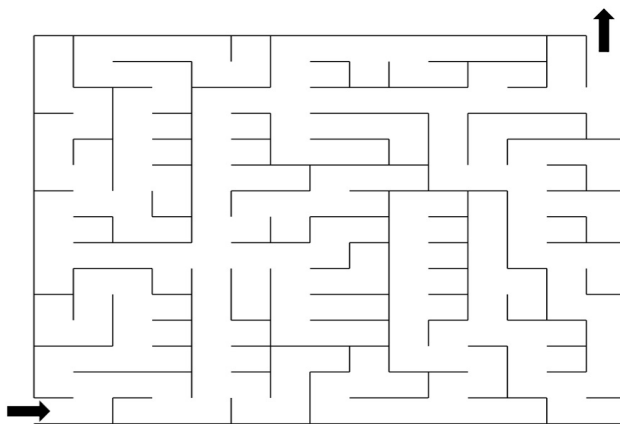
Tuesday



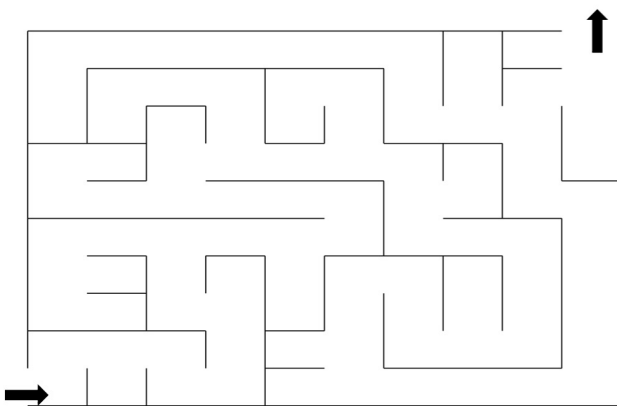
Wednesday



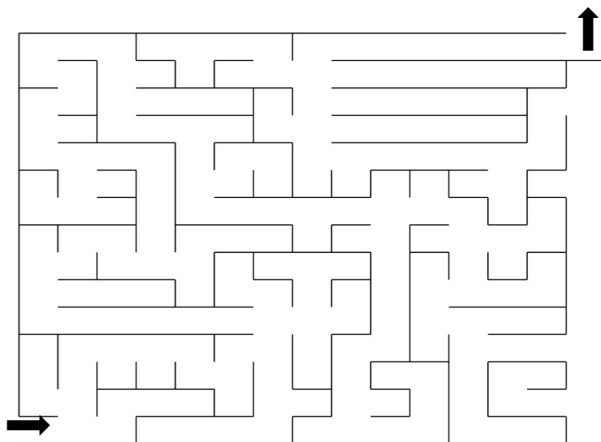
Thursday



Friday




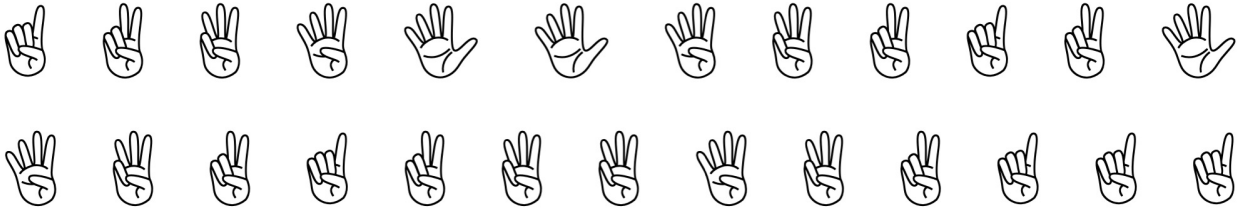
Bonus




Name: _____

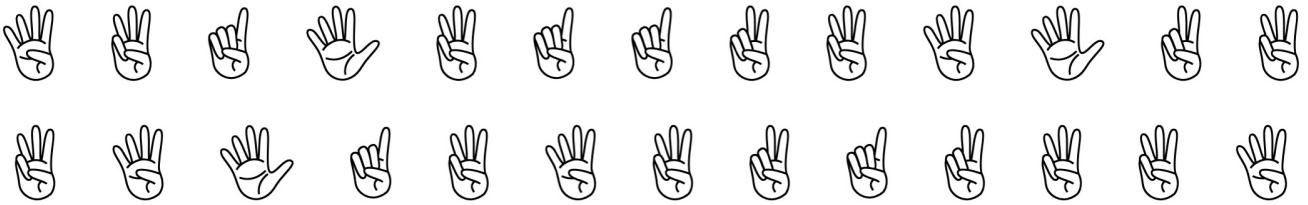
Monday

Circle all the number ones 




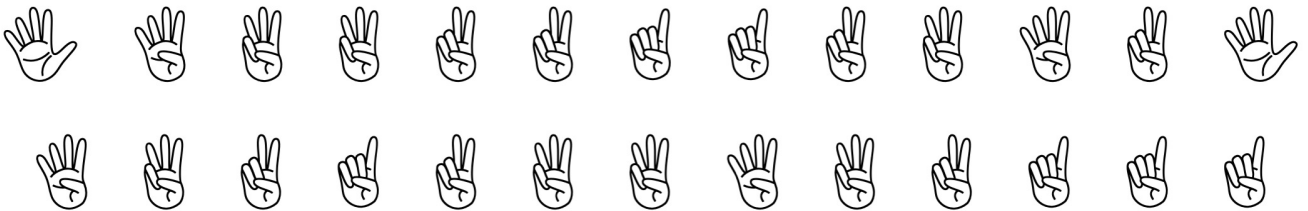
Tuesday

Circle all the number twos 




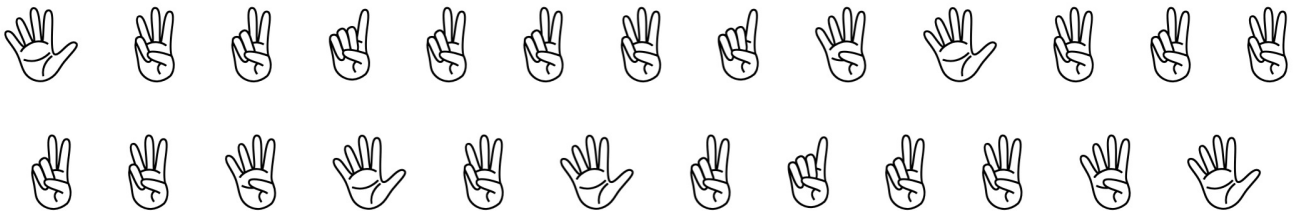
Wednesday

Circle all the number threes 




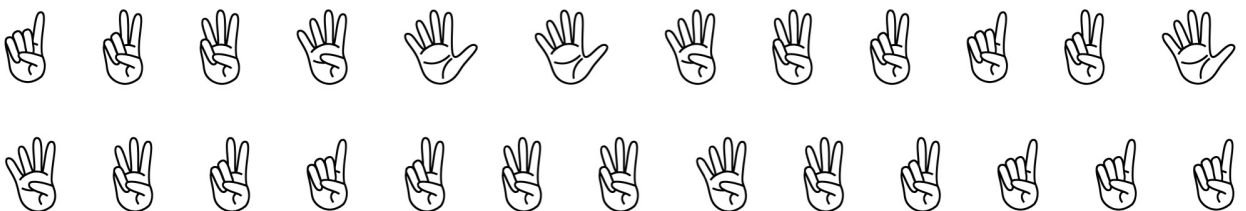
Thursday

Circle all the number fours 



Friday

Circle all the number fives 

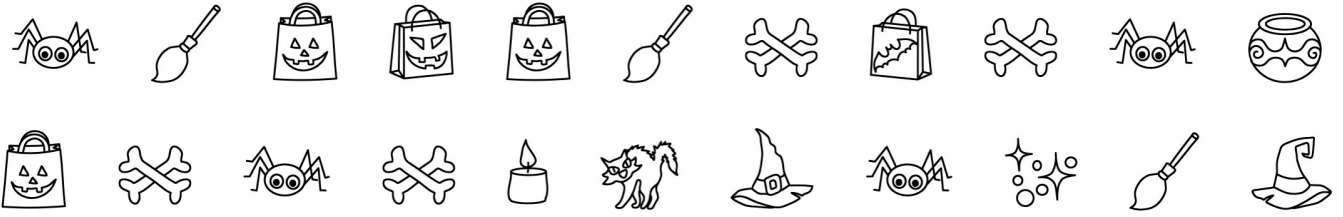


HOLIDAY SPECIFIC
BONUS PAGES


Name: _____

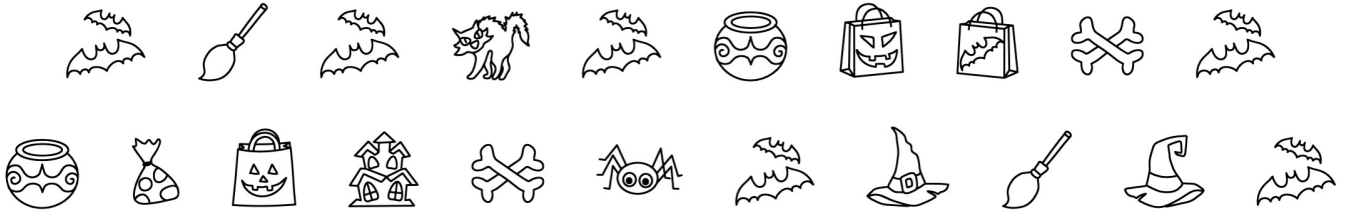
Monday

Circle all the SPIDERS 



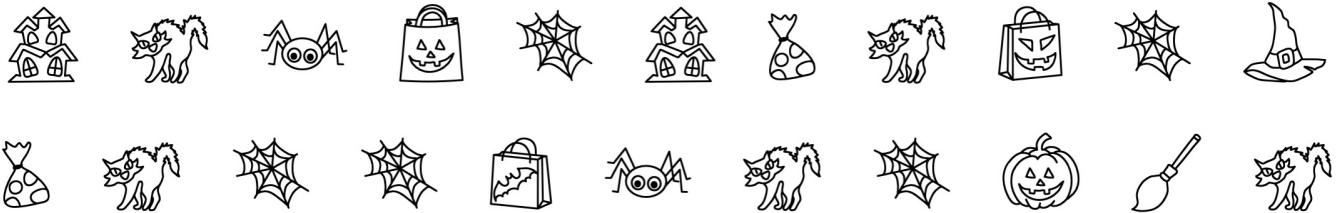
Tuesday

Circle all the BATS 




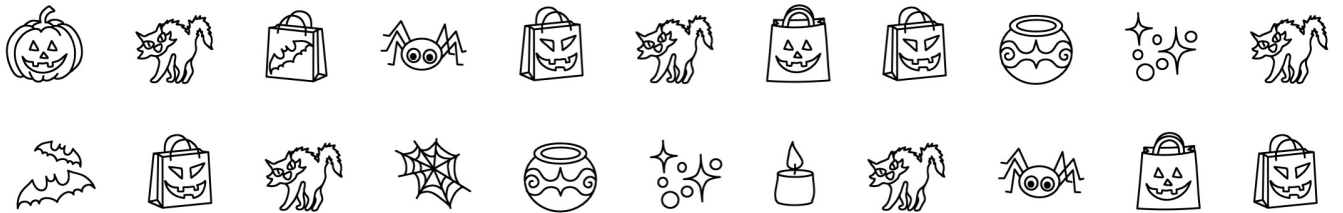
Wednesday

Circle all the WEBS 




Thursday

Circle all the CATS 




Friday

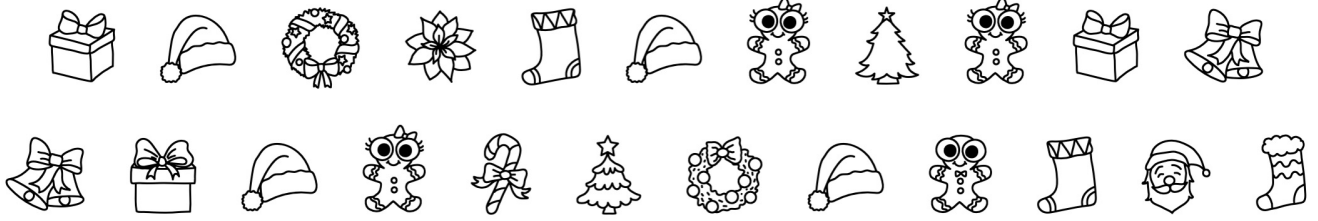
Circle all the HATS 



Name: _____

Monday

Circle all the HATS 



Tuesday

Circle all the SANTAS 



Wednesday

Circle all the TREES 



Thursday

Circle all the CANDY CANES 



Friday

Circle all the WREATHS 



Name: _____

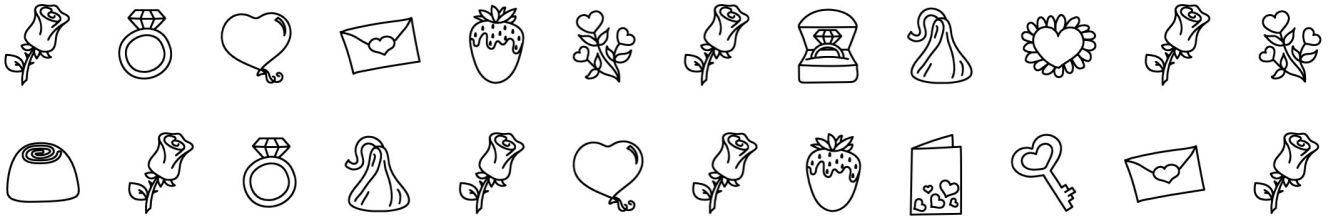
Monday

Circle all the CARDS 



Tuesday

Circle all the ROSES 



Wednesday

Circle all the STRAWBERRIES 



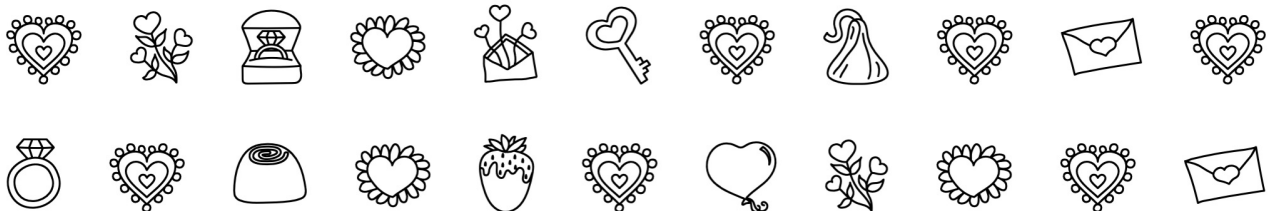
Thursday

Circle all the CHOCOLATE CANDIES 



Friday

Circle all the HEARTS 



Thank you

The Itty Bitty Teacher



Whimsy Clips



Zip-A-Dee-Doo-Dah
Designs



Lovely Jubilees Teach



Hidesy's Clipart

